# San Nicola

Forra/Fosso di San Nicola,Torrente Vallone Grande,+ Quirino (aval)

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

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|---|---|---|
| **Create:** 2023-03-09 20:52:50 | **Update:** 2026-03-15 17:12:10 | **Print:** 2026-10-30 02:10:49 |
| **Country:** Italia / Italy **Region:** Molise **Subregion:** Campobasso **Town:** Guardiaregia | | |
| **Difficulty:** a little difficult | **Grading:** v4 a3 III | **Total time:** 3h45 |
| **Approachtime:** 10min | **Tourtime:** 3h30 | **Returntime:** 5min |
| **Altitude entry:** 750m | **Altitude exit:** 550m | **Delta Altitude:** 200m |
| **Canyon length:** 1500m | **Highest rapell:** 38m | **Amount rapells:** |
| **Transport:** Car required | **Rock type:** limestone | **Drainage area:** km² |
| **Season:** April - June | **Orientation:** Northeast | **Best Time:** |
| **Rating:** ☆ 3.1 (1) | **Info:** ★ 0 () | **Belay:** ★ 0 () |

**Specialities:**

**Gear:**
Ropes: 2x40m

**Summary:** (machine translated)
Short vertical rappel canyon

**Hydrology:**

**Access:** (machine translated)
See photo gallery: approach from Rome, Frosinone, Cassino and shuttle P2 (exit) - P1 (access)

**Approach:** (machine translated)
From the P1 parking lot, continue south along the road. Take the next path on the right - "Sentiero WWF" - and turn right again at the fork. You then have the option of making a short detour to the north to a viewpoint near a small house. Return and continue on the "Sentiero WWF" until it crosses the streambed (entry).
* http://www.canyoning.it/images/logopdfrid.gif\nSee also photo gallery: Access
It may be possible to start earlier via a dry side gorge, see http://caracal.duckeater.fr/?can=93

**Tour:** (machine translated)
First in the open streambed to the beginning of the gorge. Then follow several rappels (first some smaller ones, then 27, 38, 7, 26, 7) until the Gole del Quirino flows in from the left. Before the dam wall, where a foul-smelling tributary comes from the right, exit to the right.
It would be possible to continue below the dam wall, under the road bridge, to the exit of the gorge and then exit to the right.

**Return:** (machine translated)
Here we look for the path on the right edge of the dam wall that leads us up to parking lot P2.
* http://www.canyoning.it/images/logopdfrid.gif\nSee also photo gallery: Exit

**Coordinates:**
Canyon Start 41.4276 14.5371
Canyon End 41.4384 14.5379
Parking at Entry 41.4270 14.5435
Parking at Exit 41.4392 14.5380
Waypoint 41.4317 14.5395

**Reports:**

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2026-04-29 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon San Nicola All good. Water level is already quite low (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21746/observations.html)

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2024-04-25 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon San Nicola Ras (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21746/observations.html)

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2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/21746

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2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/SanNicolaCanyon.html