

Bares

Val di Bares

Create: 2023-03-09 20:49:53	Update: 2026-04-30 23:41:06	Print: 2026-06-16 10:06:15
Country: Italia / Italy Region: Lombardia Subregion: Como Town: Livo		
Difficulty: difficult	Grading: v5 a4 V	Total time: 10h40
Approachtime: 1h45	Tourtime: 8h15	Returntime: 40min
Altitude entry: 1300m	Altitude exit: 600m	Delta Altitude: 700m
Canyon length: 3200m	Highest rapell: 30m	Amount rapells: 55
Transport: on Foot	Rock type: gneiss	Drainage area: 7.50km ²
Season:	Orientation: South	Best Time:
Rating: ★ 4.7 (10)	Info: ★ 2.6 (5)	Belay: ★ 2.8 (8)
Specialities:		
Gear: Ropes: 2x40m (1x40/1x30m)		
Summary: (machine translated) Very long tour; physically and technically very demanding; only for very experienced canyoneers; no cell phone reception; be sure to check the water level at the exit (at the 2nd water diversion); several inlets in the lower part of the canyon; steep entry/exit in the middle section (near the hiking trail); very beautiful veining and washouts in the granite rock; some pools with strong current; beware of rope entanglement; clean, cold water.		
Hydrology:		
Access: (machine translated) From the campsite Solarium in Domaso (in front of Garvedona) take the road to Garvedona --> at the beginning of the village turn right to Livo (steep asphalt road) --> in the village Livo turn left to Dangri --> from the cemetery drive 2.8km on a bad gravel road to the exit of the road (limited parking before the bridge) (650Hm). There is a new ticket machine on the left at the beginning of the village Livo. Price 3€, also card payment possible at the machine; you have to indicate your license plate number.		
Approach: (machine translated) From the parking lot Dangri you go over the 2 stone bridges --> then you take the path on the right, which shortly thereafter divides --> here go up on the left to the abandoned village of Provego (940Hm) --> after the village you go over a bridge and continue up to the next houses of Pianezzola --> here follow the path above the houses to the right --> once you have left the houses behind you comes a large overgrown slope that at least offers a beautiful view of Lake Como -->at approx. 1030Hm the path clears --> follow the stone steps slightly downhill --> the path leads parallel to the canyon (entry/exit possibility) with small slopes up to the ruined mountain houses --> if you want to save the upper part (approx. 100Hm), you have a good possibility to descend over the meadow into the canyon at the big beech on the right side of the path (approx. 1200Hm) --> the actual entry is at 1300Hm after the houses.		

Tour: (machine translated)

The Bares is certainly one of the most beautiful and longest canyons on Lake Como --> due to the cut-off and the technically demanding sections as well as the cold water, only experienced canyoneers should enter this canyon --> the canyon has many short, demanding abseiling sections, whereby the pools are usually not visible --> jumps should also be enjoyed with caution --> without long walking passages, there is a constant change of narrow sections, clamping blocks and pools which can also be very turbulent --> in the middle of the canyon (approx. 900 m altitude difference) you will find an open section with a large rock slab on the right-hand side --> here there is a steep emergency exit (entrance). meters) you will find an open spot with a large rock slab on the right side, here there is a steep emergency exit (entry)--> if the water level in the upper part was already borderline, you should get out here, as the water level in the lower part is still rising due to several tributaries --> the 2nd half offers a unique gorge landscape with a large rock slab on the right side. The second half offers a unique gorge landscape with continuous successive rappels --> full concentration is required until the last rappel before you get out at the water drainage --> an additional mental burden to the seclusion is the permanent noise level that you leave behind you after the tour. On the whole, however, a perfect canyon.

Return: (machine translated)

From the water drainage descend right over the metal steps and follow the path --> after about 20min there is another water drainage --> pass it until you reach the starting point (Dangri) again after another 15-20min.

Coordinates:

Canyon Start [46.2122 9.3293](#)

Intermediate Canyon Exit [46.1995 9.3250](#)

Parking Entry and Exit [46.1924 9.3049](#)

Unknown [46.1673 9.3019](#)

Canyon End [46.1931 9.3205](#)

Reports:

2025-08-25 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares DC+ , equipment ok, 7.30h à 4 . Tres beau canyon, très fatigant: beaucoup de tout, beaucoup de marche, de sauts, de nage, de rappel! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-24 | Simone Steffke | ★★★★★ |📖★★★★|📌★★★★|🌊 Normal | 🍏 Completed

Currently top water level. Double anchor where necessary. No high rappels, but technical. Be careful with the small glued anchors in case the last one goes with a blocked 8-point. They fit perfectly in the eyelet ;-) Entry ça. 1200 hM at the donkeys. Deer still there. (machine translated)

2025-08-22 | Clarissa Linder | ★★★★★ |📖★★★★|📌★★★★|🌊 Normal | 🍏 Completed

Current fun water level. The dead animal is still in the water (very bloated). (machine translated)

2025-08-22 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares High normal? Some sporty water movements but less impact from the rain than expected. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-22 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares DC+, sportif mais aucun souci à la descente. Dws mouvements d'eau mais non dangereux.Équipement tout ok. Le cerf mort est toujours là... (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-17 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares Départ du haut, au dessus des ruines habitées par quelques ânes.Tres belle descente (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-17 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares Équipement béton mais minimaliste permettant de descendre facilement dans ces conditions. Attention de ne pas marcher sur le cerf mort... (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-17 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares On a démarré au village de Bares. 1h30 d'approche puis 6h40 de canyon avec une grosse pause de midi. Débit vraiment petit pour ce canyon. Il commence même à y avoir quelques algues !! Attention, un cerf entier mort au début du canyon...Deux autres groupes derrière nous. L'un qu'on a vu a l'arrivée et l'autre (copains dromois) pendant le bronzage/séchage sous le grotto. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-14 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares Just the lower part (enter at the second escape). Really lovely canyon! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-08-12 | System User | |📖|📌|🌊 Normal | 🍏 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bares Sur la marche d'approche après les bergeries, il faut juste rester sur le sentier principal et pas chercher une sente qui monterait à gauche (description de l'approche trompeuse)...Sinon beau canyon et débit parfait pour le découvrir ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html>)

2025-07-20 | Martin | ★★★★★ |📖|📌★★★★|🌊 Normal | 🍏 Completed

The parking lot indicated in the application is better not to enter on the weekend, because it is full, so you need to add an hour or so to get there by road and the same extra for the return. We did from the middle, entered Exit No. 2, access from the hostel about 1.5 hours, canyon 4 hours. It was beautiful 📖 (machine translated)

2025-07-16 | Jay | ★★★★★ |📖★★★★|📌★★★★|🌊 Normal | 🍏 Completed

We entered in the middle. Beautiful places; beautiful rock. Anchors all still there. (machine translated)

First descent: 30.06.2002 by P. Van Duin, G. Monti, C. Gianatti, A. Colombo il 30/06/2002 e 27/07/2002