Bares

Val di Bares

Create: 2023-03-09 20:49:53	**Update:** 2026-07-11 14:24:14	**Print:** 2026-10-30 12:10:11
Country: Italia / Italy **Region:** Lombardia **Subregion:** Como **Town:** Livo		
Difficulty: difficult	**Grading:** v5 a4 V	**Total time:** 10h40
Approachtime: 1h45	**Tourtime:** 8h15	**Returntime:** 40min
Altitude entry: 1300m	**Altitude exit:** 600m	**Delta Altitude:** 700m
Canyon length: 3200m	**Highest rapell:** 30m	**Amount rapells:** 55
Transport: on Foot	**Rock type:** gneiss	**Drainage area:** 7.50km²
Season: June - August	**Orientation:** South	**Best Time:** 6-18 o'clock
Rating: ☆ 4.6 (18)	**Info:** ★ 2.6 (11)	**Belay:** ★ 2.6 (14)

Specialities:

Gear:
Ropes: 2x40m (1x40/1x30m)

Summary: (machine translated)
The Bares is one of the most beautiful and longest canyons on Lake Como. Very long tour; physically and technically very demanding; only for very experienced canyononeers; no cell phone reception; be sure to check the water level at the exit (at the second water diversion); several tributaries in the lower part of the canyon; steep entry/exit point in the middle section (near the hiking trail); very beautiful grain patterns and erosion features in the granite; several pools with strong currents; be careful of rope snags; clean, cold water.

Hydrology:

Access: (machine translated)
From the campsite Solarium in Domaso (in front of Garvedona) take the road to Garvedona --> at the beginning of the village turn right to Livo (steep asphalt road) --> in the village Livo turn left to Dangri --> from the cemetery drive 2.8km on a bad gravel road to the exit of the road (limited parking before the bridge) (650Hm).
There is a new ticket machine on the left at the beginning of the village Livo. Price 3€, also card payment possible at the machine; you have to indicate your license plate number.

Approach: (machine translated)
Given the total duration, it’s recommended to set out from the Dangri parking lot before 8 a.m. in the summer.

From the Dangri parking lot, cross the two stone bridges --> then take the path to the right. which splits twice shortly afterward --> at the second fork, turn left and head up to the nearly deserted village of Provego (940 Hm) --> after the village, cross a bridge and continue uphill to the next houses in Pianezzola --> here, follow the trail to the right above the houses --> once you’ve left the houses behind, you’ll come to a large, overgrown slope that at least offers a beautiful view of Lake Como --> at about 1,030 Hm, the trail opens up --> Follow the stone steps slightly downhill --> The trail runs parallel to the canyon here (entry/exit point) with gentle inclines up to the dilapidated mountain huts --> If you want to save yourself the top section (approx. 100 Hm), the large beech tree on the right side of the trail (approx. 1200 Hm) offers a good spot to descend across the meadow into the canyon --> however, the actual entry is at 1300 Hm, past the houses.

Tour: (machine translated)
Due to its remote location, technically challenging sections, and cold water, only experienced canyoneers should attempt this canyon.

The canyon features many short, challenging rappelling sections, and the pools are usually not visible. Jumps should be approached with caution. With no long walking passages, the route consists of a constant succession of narrow passages, clamping blocks, and pools that can also be very turbulent. In the middle of the canyon (approx. 900 Hm), there is a steep emergency exit (entry) at an open spot with a large rock slab on the right-hand side. If the water volume in the upper section was borderline, you should exit here, as the water level in the lower section rises even further due to several tributaries. The second section offers a unique canyon landscape with a continuous succession of cliffs.

Full concentration is required all the way to the last rappel before exiting at the water diversion. For some canyoners, the constant noise level—which you're relieved to leave behind after the tour—is an additional mental strain. All in all, a perfect canyon.

Return: (machine translated)
Descend from the drainage channel on the right via the metal steps and follow the trail. After about 20 minutes, you'll come to another drainage channel; pass it until, after another 15–20 minutes, you reach the starting point (Dangri) again.

Coordinates:
Canyon Start 46.2122 9.3293
Intermediate Canyon Exit 46.1995 9.3250
Parking Entry and Exit 46.1924 9.3049
Unknown 46.1673 9.3019
Canyon End 46.1931 9.3205

Reports:

2026-10-28 | System User | |🕮 |⚓ | 〰 High | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bares Fait avec Alexis remi vero et cyril. Début du canyon à 8h30 donc marche d'approche en commençant à la frontale pour ne pas se mettre au taquet niveau horaire (sortie à 15h40).Sans doute entre debit correct ++ et gros debit (7cm de surplus à la grille du barrage)Équipement ok. On a juste pas compris un gros ressaut sans équipements qui a nécessité une escalade puis désescalade rive gauche. Ça peut amener à un saut de 7 mètres mais où il fait faire une énorme impulsion. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html)

2026-10-07 | Dudu Masta | ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | 〰 Normal | 👍 Completed
Indeed, it’s a great, physical full-day outing. It took us about 2 hours to hike up and around 4.5 hours to descend the canyon, with a long succession of rappels. There are some really interesting geological features along the way, but overall the canyon is long and gets quite technical in places. You definitely shouldn’t enter this canyon if the water level isn’t suitable. It is absolutely not equipped to allow you to stay out of the main flow or bypass the active watercourse, so conditions really matter. That said, it’s a great canyon to tick off the list — a proper day out and a rewarding one to have under your belt.

2026-09-22 | Lukas Bergauer | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Normal | 👍 Completed
Manche Pools haben etwas zuviel Geschiebe drinnen um alles zu springen. Und ja, Mitte/Ende September ist das Wasser schon saukalt und ab 16:00 Uhr wirds ziemlich düster in der Schlucht. Verankerungen alles in Ordnung.

2026-09-15 | Enrico Rispoli | ☆ ☆ ☆ ☆ ☆ |🕮 |⚓ | 〰 Normal | 👍 Completed
It's quite a show—no doubt about it—nonstop, visually stunning, and entertaining... Very tiring, partly because the water isn't as warm as it was in August... (machine translated)

2026-09-07 | Marc | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normal | 👍 Completed
A great canyon with plenty of possible jumps and rappelling sections. Some rappelling sections can pose major problems for less experienced participants when water levels are high, so be sure to get information beforehand or check the water level at the exit near the water intake. Ascent: 1:40, 4 hours in the canyon, and 35 minutes back. Please do not use these times as a reference, as we are three experienced canyoning guides. (machine translated)

2026-08-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bares El caudal actual no da ningún problema, afluentes secos, osea misma cantidad de agua en todo el recorrido. Instalaciones tmok. Bonito, largo y muy continuado, pero cone ste nivel de agua resulta muy poco desafiante y muy resbaladizo (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html)

2026-08-10 | Roe_Noerd | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Unfortunately, the water depth in the Bares is a bit shallow. All the anchors are fine. It's a little slippery. (machine translated)

2026-07-30 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bares C'est long mais c'est beau. Départ sur la grande dalle à ne pas confondre avec l'affluent qui le précède de 300m. Le parking canyon est bien 100m juste avant l'auberge, confirmé par les locaux. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html)

2026-07-24 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bares Petit débit pour Barès. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html)

2026-07-14 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Bares Tops conditions. Équipement souvent bizarrement placé et d'accès expo. Je m'attendais à qq chose de plus long. Fait en 3h45 à 2, en mode détente (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21028/observations.html)

2026-07-06 | Herbert von Neumann | ☆ ☆ ☆ ☆ ½ |🕮 |⚓ | 〰 Normal | 👍 Completed
Amazing—one of the best canyons I've ever been to... some damaged abseiling points (machine translated)

First descent: 30.06.2002 by P. Van Duin, G. Monti, C. Gianatti, A. Colombo il 30/06/2002 e 27/07/2002