Consciente

Vallon de la Consciente

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:16:47	**Update:** 2026-03-10 07:30:02	**Print:** 2026-10-31 01:10:38

Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Tende

Difficulty: easy	**Grading:** v2 a2 II	**Total time:** 1h40
Approachtime: 30min	**Tourtime:** 1h	**Returntime:** 10min
Altitude entry: 1000m	**Altitude exit:** 900m	**Delta Altitude:** 100m
Canyon length: 500m	**Highest rapell:** 14m	**Amount rapells:**
Transport: on Foot	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 2 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:
Ropes: 2x 15m

Summary: (machine translated)
Half a dozen rappels, mostly on trees, lead over waterfalls and slides. The descent is short, quite slippery and covered in forest.

Hydrology: (machine translated)
No deep pools. Best done in late spring/early summer to achieve adequate flow (neither too much nor too little) ...

Access: (machine translated)
From Nice or Ventimiglia, drive up the Roya Valley. Cross Tende and continue for about 4 km until you pass under a large railroad bridge. Continue for 300 m and leave the road to take a path on the left (marker 349). Park near the small church without obstructing traffic.

Approach: (machine translated)
Follow the path for 1.5 km until you reach a bend to the right, from where you have a view of the valley. At the beginning of this bend, a path branches off to the left, which turns into a path, passes under a climbing rock and leads to a meadow. Walk down this meadow along the stream.

Tour: (machine translated)
Half a dozen rappels, mostly on trees, lead over waterfalls and slides. The descent is short, quite slippery and covered in forest.

Low risk.
Equipment needs to be refreshed.

The waterfalls that can be seen from the road are downstream and do not belong to this canyon! (exit of the Loubé valley).

Return: (machine translated)
Cross at the confluence with the Roya, walk uphill for a few meters until you find a sloping path on the right after a small bridge made of two beams, which you can use to cross the retaining wall. Follow the road uphill to the car.

Coordinates:
Canyon Start 44.1045 7.5676

Reports:

2026-07-25 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Consciente DC. Agréable découverte pour combler 2h. Un relais sur plaquette, un sur arbre et le reste sur lunule. Quelques embacles. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21026/observations.html)

2026-06-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Consciente Possibilité de faire une navette (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21026/observations.html)

2025-09-14 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Consciente Bien mais l'équipement n'est pas suffisamment situé dans l'actif. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21026/observations.html)

2025-08-17 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Consciente Jolie surprise. De belles cascades. L’eau y est translucide. L’équipement est différent des classique du département. Quelques lunules, descente sur arbre. Fait avec une navette de voiture. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21026/observations.html)

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/21026/Consciente.html