

Plagnau Long

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 22:51:20

Update: 2026-05-22 16:22:27

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Country: France **Region:** Occitanie **Subregion:** Ariège **Town:** Couflens

Difficulty: not as difficult

Grading: v3 a2 I

Total time: 3h10

Approachtime: 50min

Tourtime: 2h

Returntime: 20min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 900m

Highest rapell: 21m

Amount rapells: 8

Transport:

Rock type:

Drainage area: km²

Season: March - May

Orientation:

Best Time:

Rating: ★ 2.8 (1)

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

Perfect to enjoy a day of canyoning in spring. A jump and the shuttle slide will delight everyone.

Hydrology:

Access: (machine translated)

Location Hoque de Barbaute, Cougnets, Plagnau Long

To get to Salau, we are located in Saint Girons and go up the Salat river until we reach Oust and along the D3 we pass through Seix, Moilin Lauga, Couflens and Salau.

We cross the village and continue towards the old mines of Anglade. After the third sharp bend there is a parking area. We park

Approach: (machine translated)

From the parking the track that goes up to the Salau pass starts. After the area of twisty curves, soon a path comes out on the right that goes down to the river at 1250m.

Tour: (machine translated)

Outside the rainy season and the spring after the first rappels we will find nothing but pools and a trickle of water. The descent is simple and with the possibility of escape in almost any place.

Return: (machine translated)

At the end of the fattened area we turn right and cross the field towards the access road.

Coordinates:

Canyon Start [42.7869 1.1869](#)

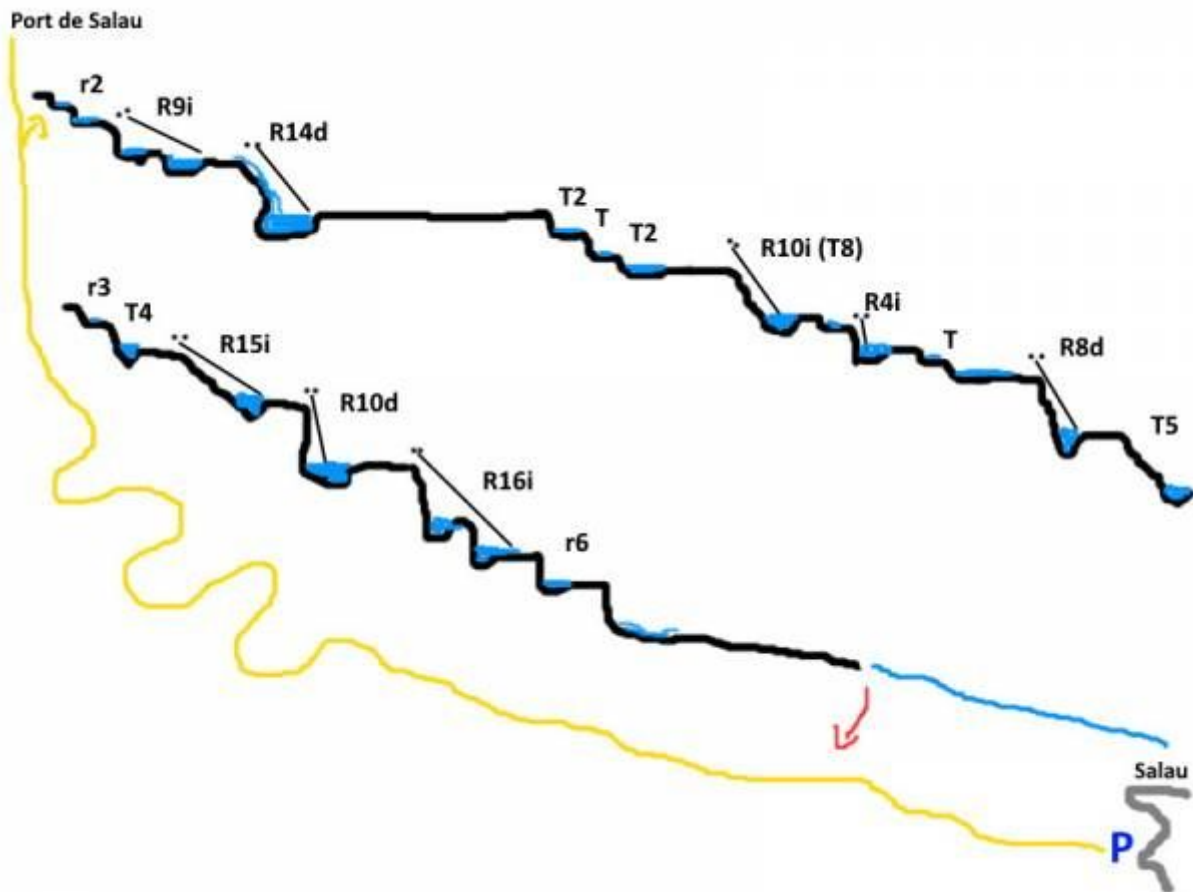
Reports:

2024-06-16 | System User | |📖|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Acceso, Acceso, Recorrido, Regreso, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancosfra:ariege:plagnau_long

2023-03-09 | System User | ★★|📖|📍| |

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