

# Valsenestre

Cascades de Valsenestre, Ruisseau des Gorges

**Info: The quality of this description has not been checked yet or was rated bad.**

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**Create:** 2023-11-20 21:21:41

**Update:** 2025-06-27 21:56:52

**Print:** 2026-06-17 12:06:13

**Country:** France **Region:** Auvergne-Rhône-Alpes **Subregion:** Isère **Town:** Valjouffrey

**Difficulty:** a little difficult

**Grading:** v4 a2 II

**Total time:** 4h10

**Approachtime:** 1h

**Tourtime:** 3h

**Returntime:** 10min

**Altitude entry:** 1490m

**Altitude exit:** 1160m

**Delta Altitude:** 330m

**Canyon length:** 850m

**Highest rapell:** 45m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 2.4 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/2269>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [44.9053 6.0250](#)

Canyon End [44.9006 6.0311](#)

Unknown Parking [44.9008 6.0331](#)

**Reports:**

2023-03-09 | System User | ★ ★ | 📖 | 📍 | |

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