

# Rego do val

**Info:** The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> +*New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

<b>Create:</b> 2024-06-05 23:16:49	<b>Update:</b> 2025-06-27 21:58:48	<b>Print:</b> 2025-07-26 07:07:38
<b>Country:</b> España / Spain <b>Region:</b> Galicia <b>Subregion:</b> provincia de Lugo <b>Town:</b> Folgoso de Caurel		
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a2 V	<b>Total time:</b>
<b>Approachtime:</b>	<b>Tourtime:</b>	<b>Returntime:</b>
<b>Altitude entry:</b> m	<b>Altitude exit:</b> m	<b>Delta Altitude:</b>
<b>Canyon length:</b> m	<b>Highest rapell:</b> m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>drainage area:</b> km²
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b> Permit required,		
<b>Gear:</b>		
<b>Summary:</b> Rohdaten Import von Ropewiki <a href="https://ropewiki.com/Rego_do_val">https://ropewiki.com/Rego_do_val</a>		
<b>Hydrology:</b>		
<b>Access:</b>		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b>		
<b>Coordinates:</b> Canyon Start <a href="#">42.5850 -7.1840</a>		
<b>Reports:</b>		
2023-03-09   System User    📖 📍    Daten importiert von <a href="https://ropewiki.com/Rego_do_val">https://ropewiki.com/Rego_do_val</a>		