

# Praia (Upper) Nascentes

Praia Sup. Nascentes

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Create: 2024-06-05 22:50:14

Update: 2025-06-27 21:58:18

Print: 2025-07-24 08:07:13

Country: Portugal

Region: Açores

Subregion:

Town: Vila Franca do Campo

Difficulty:

Approachtime: 1h15

Altitude entry: m

Canyon length: m

Transport:

Season:

Rating: ★ 3 (1)

Grading: v3 a? ?

Tourtime: 4h

Altitude exit: m

Highest rapell: 16m

Rock type:

Orientation:

Info: ★ 0 ()

Total time: 5h20

Returntime: 5min

Delta Altitude:

Amount rapells: 5

drainage area: km²

Best Time:

Belay: ★ 0 ()

Specialities:

Gear:

Summary:  
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Hydrology:

Access:

Approach:

Tour:

Return:

Coordinates:  
Canyon Start [37.7519 -25.4735](#)  
Unknown [37.7519 -25.4735](#)

Reports:

2023-03-09 | System User | ★ ★ ★ | 📖 | ⚓ | |  
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