Nava

Garganta de la Nava,Barranco de la Nava

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-03-09 20:53:19	**Update:** 2023-11-05 23:12:32	**Print:** 2026-10-30 02:10:57
Country: España / Spain **Region:** Castilla y León **Subregion:** Ávila **Town:** Nava del Barco, El Barco de Avila		
Difficulty: not as difficult	**Grading:** v3 a2 II	**Total time:** 9h20
Approachtime: 3h	**Tourtime:** 5h	**Returntime:** 1h20
Altitude entry: 1940m	**Altitude exit:** 1580m	**Delta Altitude:** 360m
Canyon length: 2000m	**Highest rapell:** 25m	**Amount rapells:** 18
Transport: on Foot	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** North	**Best Time:**
Rating: ☆ 2.9 (2)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:
Dam,

Gear:
Ropes: 2x30m

Summary: (machine translated)
Open rappel canyon in high alpine terrain, but largely open

Hydrology: (machine translated)
https://www.saihduero.es/risr/EA085/historico/xATSOFURfVDOwEUR

Access: (machine translated)
From the provincial capital of Avila, which is well worth seeing, take the N 110 in the (south-westerly) direction of Plasenica. After 81 km you reach El Barco de Avila, drive past the village across the river, continue on the N 110, then turn left after approx. 4 km and drive via Navatejares (!) to Nava del Barco (approx. 11 km from the turn-off from the N 110). In Nava del Barco, head for the south-western end of the town and drive south on the tarred road (Umbrias). Soon turn left at a stone cross. You come to a fork in the tarred road with a large information board. Pass in front of the information board on the left and then turn left up the concrete slope. At the top, follow the forest road in roughly the same direction. Ignore a turn-off to the left downhill. This brings you to a bridge - Puente de las Juntas - before a steep ascent on a deteriorating track. Park your car on the right before the bridge (1165 m above sea level).

Approach: (machine translated)
From the car up the slope, it takes about 20 minutes to reach a green iron gate that blocks the path (1325 m above sea level). Continue on a hiking trail that leads south into the valley, where the canyon awaits us at the head of the valley. In 1 hour from Eisengatter you pass 2 alpine pastures and after crossing the stream you reach a large rock block with a cross and statue of the Virgin Mary (1540 m above sea level) - the exit area. Continue uphill in serpentines for about 70 minutes until you can cross to the right into the streambed at 1830 m above sea level.
If we want to approach the canyon from above, we continue uphill until we can easily descend to the stream below the dam wall.

Tour: (machine translated)
18 rappel, see photos and video

Return: (machine translated)
At about the height of the rock block with the cross and statue of the Virgin Mary on the right, exit onto the hiking trail and return the way you came.

Coordinates:
Canyon Start 40.2302 -5.5740
Canyon End 40.2448 -5.5701
Intermediate Canyon Exit 40.2356 -5.5708
Parking Entry and Exit 40.2818 -5.5524

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:avila:nava

---

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/22135

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/NavaCanyon.html



Importado de infobarrancos.es