Rio Frondizzon

Frondizzon

Create: 2023-03-09 20:49:53	**Update:** 2026-07-14 22:27:56	**Print:** 2026-10-30 12:10:20
Country: Italia / Italy **Region:** Friuli Venezia Giulia **Subregion:** Udine **Town:** Tolmezzo		
Difficulty: a little difficult	**Grading:** v4 a2 II	**Total time:** 3h10
Approachtime: 40min	**Tourtime:** 2h30	**Returntime:** 0min
Altitude entry: 500m	**Altitude exit:** 380m	**Delta Altitude:** 120m
Canyon length: 2000m	**Highest rapell:** 35m	**Amount rapells:** 5
Transport: Car optional	**Rock type:** limestone	**Drainage area:** 15.00km²
Season: June - September	**Orientation:** West	**Best Time:**
Rating: ☆ 3.9 (33)	**Info:** ★ 2.9 (27)	**Belay:** ★ 2.8 (28)

Specialities:

Gear:
Ropes: 1x40m

Summary: (machine translated)
Very dangerous/life-threatening at higher water levels (unstable weather); very beautiful half-day tour; best sunshine from midday; water drainage in the upper part by the "Enel" power station, therefore usually little water in the canyon; several bolts for traverese rope construction available; it has often happened that water has been drained into the canyon unexpectedly. The rappels then become really challenging!

Hydrology:

Access: (machine translated)
see coordinates

Approach: (machine translated)
On foot (approx. 30-40min):
Directly next to the exit at the Enel power station, follow the pipeline up steep steps through the tunnel (a lamp is not absolutely necessary). After the tunnel, the path is flat until you reach the equalizing basin. Once you reach the basin, an iron footbridge leads over the concrete obstruction. Then bypass the basin on the left. Before the next iron bridge/stream, look out for the canyoning markings on the tree to the left (blue dot on a white background). From here, follow the markings through the forest.

By car (20min drive one way!):
From the cemetery, walk down the hiking trail to the stream in a few minutes --> entry at approx. 500Hm before the stone bridge right.

Tour: (machine translated)
The tour begins with a car transfer at the stone bridge at approx. 500m in the streambed and leads for approx. 20-25min through open terrain. In this part you pass the "Enel" water drainage after about 10 minutes (most of the water is diverted here). The wall can be downclimbed on the right-hand side.
If accessing on foot, the tour begins shortly before the first abseil point (35m, orographic left, rope traverse possible). After this highest point, the next rappel follows immediately (10m orographic right). Then there are some small steps and pools in open terrain before it cuts in for about 100m in the middle section (no lamp necessary). After an inflow from the left, you have a short stretch to the next 3 abseils, which are interrupted by short walking passages. At the end, the canyon narrows again briefly.

Return: (machine translated)
The exit of the canyon is directly at the Enel power station before the bridge right at approx. 380Hm.

Coordinates:
Canyon Start 46.4319 13.0458
Parking at Entry 46.4315 13.0562
Parking Entry and Exit 46.4312 13.0388
Canyon End 46.4311 13.0398

Reports:

2026-09-26 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Frondizzon No water at all, easy, suny.All anchor points in good contidions. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21759/observations.html)

2026-09-23 | Georg Rudelstorfer | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
I've never seen a beach with so little water before. Still, it's always a really beautiful trip. (machine translated)

2026-09-13 | Szabolcs Vida | ☆ ☆ ☆ ☆ ☆ |🕮 |⚓ | 〰 Low | 👍 Completed
Low water level. Unfortunately, most of the canyon has filled in with gravel but the last pool is deep enough for jumping.

2026-09-13 | Martin Jasek | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normal | 👍 Completed
A truly fantastic canyon, everything was tip-top rappelling, jumps, slides, swimming, and a monumental setting where, at times, you feel as though you are inside a cave.

2026-09-06 | LorenzGr | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | 〰 Low | 👍 Completed
A complete, varied, and aesthetically pleasing canyon, highly recommended. Low water flow from start to finish, making it ideal for beginners. All the pools are deep and clean, allowing for two dives. Well-equipped with chemical anchors, although some are bent due to flooding. From the upper parking lot, it takes about 30 minutes of easy walking along the riverbed to reach the first abseil point, where you can put on your wetsuit.

2026-08-30 | Péter Bonczi | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Equipment is all set. Light current, a leisurely trip. It's still beautiful, though! (machine translated)

2026-08-19 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Frondizzon (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21759/observations.html)

2026-08-17 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Frondizzon Petit Filet du début a la fin, l'affluent n'apporte pas grand chose en plus au débit, mais ce canyon présente quand même de l'intérêt, très bien équipé la grande cascade de depart est très belle, et l'encaissement est absolument majeur (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21759/observations.html)

2026-08-14 | Marosffy Dániel | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | 〰 Low | 👍 Completed
Hardly flowing but still nice. Anchor No. 2 needs to be fixed, one of the bolts is loose and the hanger is distorted (bring a key 17, and probably a new hanger).

2026-08-09 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Frondizzon Très beau canyon (fait après rio Simon) avec un superbe encaissement, des sauts et un beau rappel pour démarrer! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21759/observations.html)

2026-08-01 | Horst Lambauer | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Everything was fine. Very little water, but it wasn't slippery anyway. (machine translated)

2026-08-01 | Rok | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Everything's great. Unfortunately, there's not quite enough water, but it's still really nice. Thanks, Horst, for marking it out. It turned out really great. Unfortunately, some parts have been filled with gravel, so a few jumps aren't possible right now. (machine translated)

2026-07-18 | Montie | ☆ ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Maybe not the best tour for adrenaline junkies, but for those just looking to enjoy a beautiful piece of nature this canyon is awesome.

2026-07-16 | Uschi Winter | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed
Not much water. Still, it was good. Kraftwerk was on stage. (machine translated)

2026-07-07 | Erik Weisz | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Low | 👍 Completed