Meñas

Garganta de las Meñas

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 23:13:53	**Update:** 2026-05-22 16:13:05	**Print:** 2026-10-31 01:10:40
Country: España / Spain **Region:** Extremadura **Subregion:** Cáceres **Town:** Losar de la Vera		
Difficulty: a little difficult	**Grading:** v4 a2 III	**Total time:**
Approachtime:	**Tourtime:**	**Returntime:** 1h
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 2000m	**Highest rapell:** 65m	**Amount rapells:** 8
Transport:	**Rock type:**	**Drainage area:** km²
Season: March - November	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
This is an important canyon due to its approach, the wild environment of Gredos and its large descent. It has a waterfall of about 90 meters divided into several rappels.

Hydrology:

Access: (machine translated)
We are in the area of La Vera, next to Losar.
At the bridge over the Cuartos gorge, we take the track that goes up the left side of the stream.

Approach: (machine translated)
Access to Meñas and Cerezo
Depending on whether we want to do Cerezo or not, we will go down to the exit or up the hills.
Access to Meñas and Cerezo

Tour:
Ver topo

Return: (machine translated)
When we reach the canal, we will exit to the left and follow it to the area where we have parked.

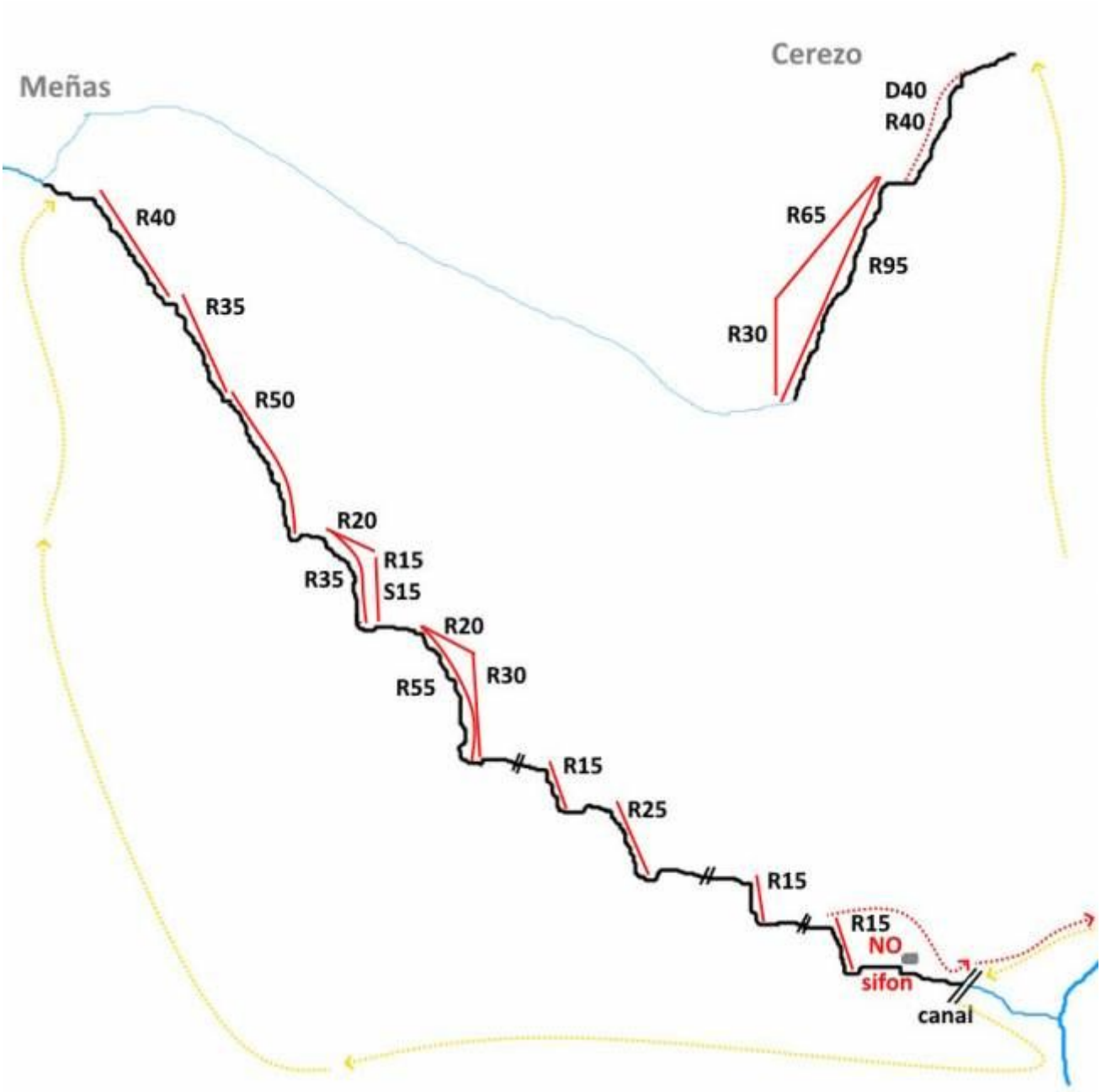
Coordinates:
Canyon Start 40.1211 -5.6050

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:caceres:menas

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2023-03-09 | System User | |🕮 |⚓ | |
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