

# Bregalla

Rio di Bregalla

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**Create:** 2023-11-20 21:26:43

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**Country:** Italia / Italy **Region:** Liguria **Subregion:** Imperia **Town:** Triora

**Difficulty:** easy

**Grading:** v2 a2 II

**Total time:** 2h15

**Approachtime:** 45min

**Tourtime:** 1h30

**Returntime:** 0min

**Altitude entry:** 880m

**Altitude exit:** 720m

**Delta Altitude:** 160m

**Canyon length:** 1000m

**Highest rapell:** 18m

**Amount rapells:**

**Transport:** on Foot

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 1.8 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x 20m

**Summary:** (machine translated)

Some nice passages, some jumps, but overall very unbalanced.

**Hydrology:** (machine translated)

Water-bearing all year round.

Easy to find shelter. Strong tracks from floods when the snow melts. Slippery rock only at the exit of the season.

**Access:** (machine translated)

From Nice, leave Arma di Taggia and take the SS548 up the Argentina Valley to Molini di Triora. Continue on the SP52 to Triora and then on to Loreto. There, take the SP81 in the direction of Réaldo. Park on the left of the road just before the bridge over the Rio di Bregalla, 2 km after Loreto.

**Approach:** (machine translated)

Cross the bridge and follow a well-marked path on the right bank that runs alongside the river for about 400 meters. When it turns left, leave it and follow a steep path that continues along the river. It climbs to the left to bypass a tributary and then crosses it. It loses itself on the left bank of the tributary! You then have to climb up the slope as best you can to reach a path again 50 m further up.

Follow this to the right. At the crossroads, take the path on the right that leads down to Triora (red and white markings) and crosses the Rio shortly afterwards.

**Tour:** (machine translated)

Some nice passages, some jumps, but overall very unbalanced.

No equipment. We put the ropes directly around the trees.

**Return:** (machine translated)

Leave the left bank directly after the bridge and drive to your car.

**Coordinates:**

Canyon Start [44.0117 7.7397](#)

Canyon End [44.0033 7.7358](#)

Unknown Parking [44.0027 7.7359](#)

**Reports:**

2023-03-09 | System User |  |  |  | |

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