Alba

Cascate di Premia,Rio d'Alba,Alba

Create: 2023-11-20 21:26:25	**Update:** 2026-07-20 10:15:04	**Print:** 2026-10-30 01:10:00
Country: Italia / Italy **Region:** Piemonte **Subregion:** Verbano-Cusio-Ossola **Town:** Premia		
Difficulty: difficult	**Grading:** v5 a4 V	**Total time:** 8h35
Approachtime: 1h45	**Tourtime:** 6h30	**Returntime:** 20min
Altitude entry: 1335m	**Altitude exit:** 735m	**Delta Altitude:** 600m
Canyon length: 1400m	**Highest rapell:** 65m	**Amount rapells:** 28
Transport: on Foot	**Rock type:** gneiss	**Drainage area:** 2.40km²
Season: June - October	**Orientation:** West	**Best Time:** 11-18 o'clock
Rating: ☆ 3.6 (5)	**Info:** ★ 2 (2)	**Belay:** ★ 1.5 (2)

Specialities:

Gear:
Ropes: 2x 70m

Summary: (machine translated)
Very beautiful canyon - technically demanding and not playful.
Final waterfall (flat) with 250 m - the easiest part of the route.

Hydrology: (machine translated)
Only approach when the water level is low - there are many narrow chutes in the upper part.
No water catchment.

Access: (machine translated)
From Masera, take the 5533 over the Simplon Pass in the direction of Simplon and exit at Crodo. Drive through the Antigorio valley, past Baceno and Premia, and continue towards the Formazza valley. In the hamlet of Piedilago, turn right towards Cagiogno. Cross the river Toce and continue for a few hundred meters until you reach a large clearing near a very ornate house.

Approach: (machine translated)
Follow the road until you reach a wash house and then follow the signs to Alpe Bee, which can be reached via a beautiful old mule track that is almost entirely paved. At a crossroads halfway along the road, ignore the signs for Diogna and continue on the right. After reaching a first house in a meadow, continue straight on past more huts until you reach the main settlement of Bee. Follow the marked path that leads back into the forest and soon reaches the stream.

Tour:

Return: (machine translated)
Way back: At the foot of the large waterfall, take the clearly visible path to the right, keep right at the next junction and follow the path to Cagiogno and back to the car. Nofes: The high waterfall is divided into several abseiling points, with a maximum drop height of 50 meters.

Coordinates:
Canyon Start 46.2609 8.3631
Canyon End 46.2661 8.3521
Parking Entry and Exit 46.2716 8.3499
Parking Entry and Exit 46.2714 8.3485

Reports:

2026-09-03 | Enrico Rispoli | ☆ ☆ ☆ ½ | 🕮 | ⚓ | ≋ Normal | 👍 Completed
A long and quite challenging canyon... Cold water, some very beautiful waterfalls—especially in the upper section—but the 250-meter one isn't spectacular; that was the part we liked the least. (machine translated)

2026-07-04 | System User | | 🕮 | ⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alba (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22778/observations.html)

2026-07-04 | System User | | 🕮 | ⚓ | ≋ Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Alba Ajoutees des chaines sur 5 longuers de la cascade finale. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22778/observations.html)

2025-08-26 | Massimo Loriato | ☆ ☆ ☆ ☆ | 🕮 ★ ★ | ⚓ ★ ★ | ≋ Normal | 👍 Completed
Very slippery the upper part. Old french chains quite everywhere double, integrated with newer anchor points with rings (do not trust entirely the topo of french book). 5h in 2 person.

2025-08-07 | Michele Dini | ☆ ☆ ☆ | 🕮 ★ | ⚓ | ≋ Low | 👍 Completed
Overestimated (machine translated)

2025-08-06 | Bina | ☆ ☆ ☆ ½ | 🕮 | ⚓ ★ | ≋ Low | 👍 Completed
Many "home-made" stands (typical for the region). Apart from the one river walk, a beautiful alpine tour. (machine translated)

2023-03-09 | System User | ☆ ☆ ☆ | 🕮 | ⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/22778/Alba.html