

Fonteno

Val di Fonteno, Valle di San Valentino

Create: 2024-06-05 23:15:13	Update: 2026-04-08 07:29:24	Print: 2026-06-17 12:06:23
Country: Italia / Italy Region: Lombardia Subregion: Bergamo Town: Fonteno		
Difficulty: not as difficult	Grading: v3 a2 II	Total time: 5h35
Approachtime: 30min	Tourtime: 5h	Returtime: 5min
Altitude entry: 585m	Altitude exit: 210m	Delta Altitude: 375m
Canyon length: 6200m	Highest rapell: 22m	Amount rapells: 33
Transport: Car optional	Rock type:	Drainage area: km ²
Season: March - November	Orientation:	Best Time:
Rating: ★ 2.5 (2)	Info: ★ 3 (1)	Belay: ★ 2.5 (2)
Specialities:		
Gear: Ropes: 2x30m		
Summary: Long and nice descent, not always continuous, with beautiful view over the lake once reaching the lower park. Upper part (585m - 410m, 2h30) often has low water, quite never getting dry also in summer but better to check and in case suitable after rains. Lower part (410m - 210m, 2h30) with double water cause inheriting from a tributary, creating a scenic double waterfall view under first pitch.		
Hydrology:		
Access: When reaching Zù and the corresponding restaurant, you can park on the few places available right at the exit, or on the road turn just before coming from Tavernola/Portirone.		
Approach: An hiking path barely marked, close to the rock protection grid, start from the lower parking and brings up to Fonteno, otherwise a path starts from nearby village Riva di Solto. By car along the road for the lower part access there is barely no space to park, thus the best option is to drive to Fonteno to the parking "Piazza della pace" and the nearby sport center; from there you can continue on foot up to reach the upper part or go down to reach the lower part.		

Tour:

[upper Fonteno]

- D2
- C3 central old / natural right / bypass on the left
- T4/C6 1x left
- T3/S3/C6 1x left
- S2/C2 natural right
- C8 1x right
- C15 2x right
- C8 1x right
- C6 2x left
- T3/C3 natural right
- C6 2x left
- MC4 1x left, C12 1x left
- C12 1x right
- S3/T3/C3 1x left
- C8 1x right
- T4/S4/C8 2x left
- MC4 2x left, C12 2x left
- MC3 2x right, C3 2x right

[lower Fonteno]

- C22 2x left
- C12 natural left
- D4
- D4
- D8
- MC20 1x right, C10 2x right
- C6 natural left
- C10 2x right
- C6 1x center
- D6 1x left
- C8 2x left
- MC4 2x right, C14 2x right
- S6/C6 2x right
- T4/C4 1x left
- C6 2x right
- C6 2x center or 2x left
- S2 concatenable with previous
- C12 2x right
- D6
- C12 2x right
- C12 2x right

Return:

From last pitches the lower parking and the road are fully visible, just exit on the left to reach the car.

Coordinates:

Alternative Canyon Start [45.7532 10.0122](#)

Alternative Canyon End [45.7578 10.0267](#)

Parking at Entry [45.7607 10.0367](#)

Canyon Start [45.7578 10.0267](#)

Canyon End [45.7607 10.0367](#)

Parking at Exit [45.7584 10.0208](#)

Reports:

2026-04-05 | Greta Andreoli | ★★👉 | 📖 | 📍 ★★ ★ | 🌊 Low | 🟢 Completed

Simple and pleasant stream with some somewhat magical and "elfin" rappels characterized by moss and travertine. Creek slippery in places. Cold water. We shuttled. Upper part : Almost dry, with very little water. On the way we found many animal carcasses in the pools. Between the rappels there are parts where you walk. Lower part: With low flow of water. No animal carcasses were present. Some very nice glimpses with pools where you could dive. Easy rappels. (machine translated)

2026-04-04 | Massimo Loriato | ★★👉 | 📖 ★★ ★ | 📍 ★★ ★ | 🌊 Low | 🟢 Completed

Checked the anchor points and integrated in the upper part where missing, now all the canyon is in order; detailed topo in Description/Tour. After a dry winter the upper Fonteno is not dry but the water flow is minimal, a pity for the animal carcasses in the pool cause they are cold but cristal clear. Water flow doubling in the lower cause inheriting from a tributary, creating a scenic double waterfall view under first pitch. [upper Fonteno] - D2 - C3 central old / natural right / bypass on the left - T4/C6 1x left - T3/S3/C6 1x left - S2/C2 natural right - C8 1x right - C15 2x right - C8 1x right - C6 2x left - T3/C3 natural right - C6 2x left - MC4 1x left, C12 1x left - C12 1x right - S3/T3/C3 1x left - C8 1x right - T4/S4/C8 2x left - MC4 2x left, C12 2x left - MC3 2x right, C3 2x right [lower Fonteno] - C22 2x left - C12 natural left - D4 - D4 - D8 - MC20 1x right, C10 2x right - C6 natural left - C10 2x right - C6 1x center - D6 1x left - C8 2x left - MC4 2x right, C14 2x right - S6/C6 2x right - T4/C4 1x left - C6 2x right - C6 2x center or 2x left - S2 concatenable with previous - C12 2x right - D6 - C12 2x right - C12 2x right

2023-03-09 | System User | 📖 | 📍 | |

Daten importiert von <https://ropewiki.com/Fonteno>