Sein

Barranco de Sein,Barranco del Sen

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:14:06	**Update:** 2026-07-09 17:29:18	**Print:** 2026-10-31 01:10:52
Country: España / Spain **Region:** Aragón **Subregion:** Huesca **Town:** San Juan de Plan		
Difficulty: not as difficult	**Grading:** v3 a3 I	**Total time:** 1h18
Approachtime: 17min	**Tourtime:** 1h	**Returntime:** 1min
Altitude entry: 1290m	**Altitude exit:** 1180m	**Delta Altitude:** 110m
Canyon length: 500m	**Highest rapell:** 12m	**Amount rapells:** 5
Transport:	**Rock type:**	**Drainage area:** km²
Season: March - November	**Orientation:**	**Best Time:**
Rating: ☆ 3 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:
Ropes: 2x20

Summary: (machine translated)
Or ravine of Sen, as it is born of the lake of the same name. With a short access and immediate return and a descent with a permanent and abundant flow most of the year. Very well excavated and with deep sections, it forms gorges of great quality, in which there are waterfalls and projections with a lot of continuity.
Attention: There is a dam that regulates the flow of the Ibón. It is usually opened once a year, in order to fill the reservoirs at the end of the low water period. Ask at the town hall of San Juan de Plan.

Hydrology:

Access: (machine translated)
We have to go to San Juan de Plan, for this we arrive at Ainsa and take the A138 towards France. After Lafortunada and before reaching Bielsa we will have a detour to the right to Salinas, Valle de Chistau, Gistain, etc.. We will go along this road and pass Plan and soon San Juan de Plan. In the village road makes a turn to the left and there is a street on the right that becomes a track, we follow it and cross the Cinqueta. The next bridge is the river Sen. We park.

Approach: (machine translated)
On the orographic right of the river Sen there is a path that goes up the riverbed in about 15-20min and leaves us on a concrete bridge, the beginning of the descent.

Tour: (machine translated)
Beautiful and little known descent. In many occasions we will find it empty. A very well formed and continuous fattened area awaits us after a small open stretch. It does not have jumps or big abseils but its great flow and boxing forces you to be continually attentive.

Return: (machine translated)
You reach the bridge

Coordinates:
Canyon Start 42.5948 0.3499
Canyon End 42.5927 0.3499
Unknown Parking 42.5926 0.3497

Reports:

2026-09-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein RAS.Si quelqu'un trouve un casque gris/bleu à la sortie ...Réalisé après la partie sup (5/6 rappels max 30 m) qui a un équipement disparate. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-09-19 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein Un peu en avance pour Octobre Rose, on a découvert ce joli petit canyon de sien. Comme dit précédemment, complète bien une journée. Bon ratio marche/canyon. Par contre, on n'a vu aucun saut. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-30 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein Petit canyon sympa à faire.Relais ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-08 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

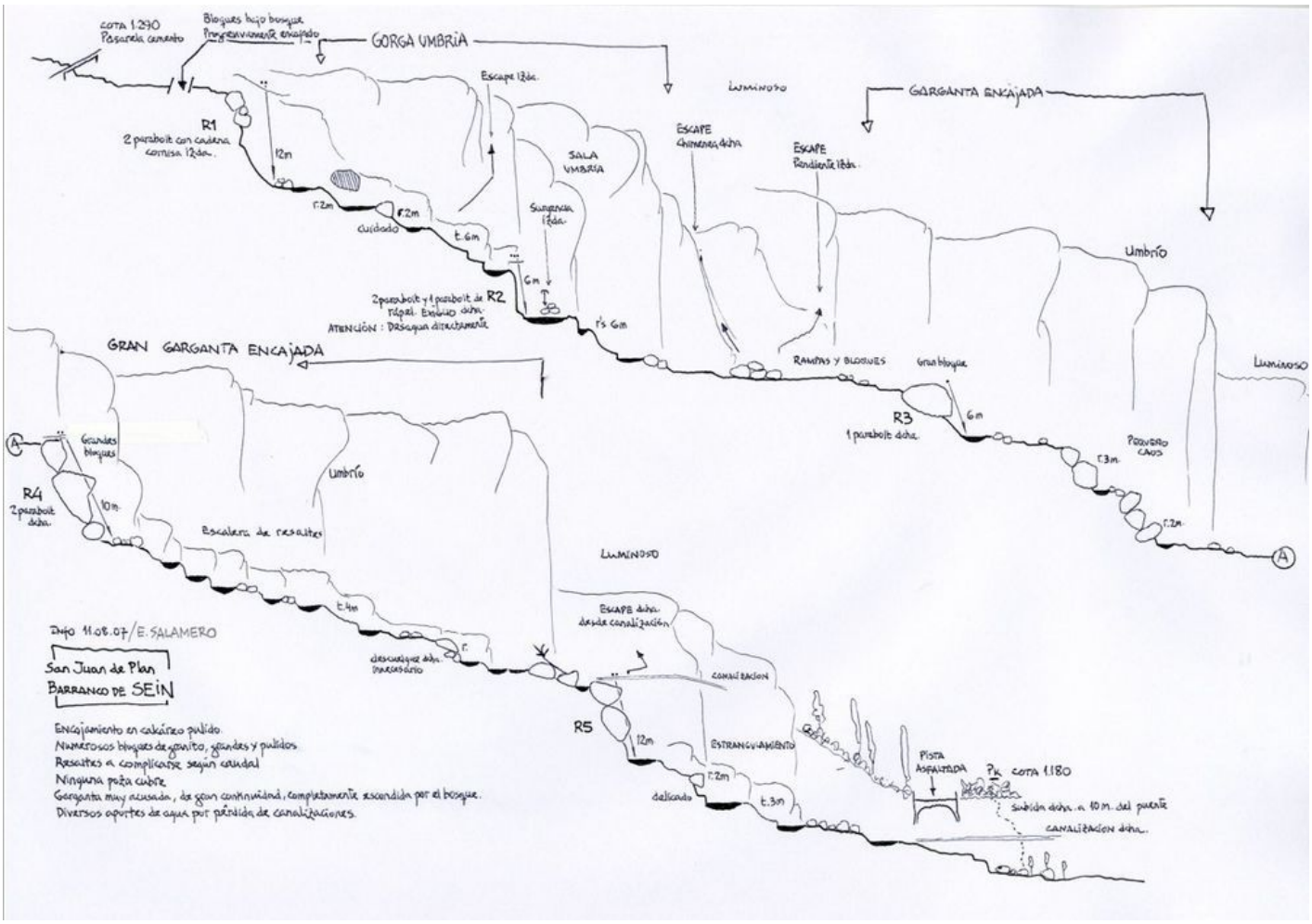
2026-07-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein Départ à 12 h. Parking plein. Dans le canyon, on a été seul après avoir laissé partir le premier groupe. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-06-30 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo regreso, Cantidad rapells, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:huesca:sein

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2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/23178/Sein.html



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