# Lagouna

Canyon de la Lagouna,Vallon de Lagouna

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

| | | |
|---|---|---|
| **Create:** 2023-11-20 21:18:39 | **Update:** 2025-10-09 08:21:01 | **Print:** 2026-10-30 12:10:46 |
| **Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Saorge | | |
| **Difficulty:** a little difficult | **Grading:** v4 a1 V | **Total time:** 6h15 |
| **Approachtime:** 1h45 | **Tourtime:** 4h30 | **Returntime:** 0min |
| **Altitude entry:** 850m | **Altitude exit:** 320m | **Delta Altitude:** 530m |
| **Canyon length:** 1150m | **Highest rapell:** 34m | **Amount rapells:** |
| **Transport:** | **Rock type:** | **Drainage area:** km² |
| **Season:** | **Orientation:** | **Best Time:** |
| **Rating:** ☆ 3.1 (2) | **Info:** ★ 0 () | **Belay:** ★ 2 (1) |
| **Specialities:** | | |
| **Gear:** | | |

**Summary:** (machine translated)
Except for the first rappellers, the creek is dry.
Quite vertical—no escape routes.

**Hydrology:** (machine translated)
Conditions are ideal and classic after a period of rain in the spring or fall. Then it flows (5 to 10 liters) over the lower half (up to the large boulder). Without recent rainfall, only the first three waterfalls are fed by a small spring. When it's full of water, it must be beautiful.
Nevertheless, it has already been traversed entirely with water following an exceptional rainy spell.
When descending under aquatic or semi-aquatic conditions, wearing swim trunks is advisable.
Beautiful water trails can be seen throughout the descent, and it's no coincidence that the exit of the valley was channeled to protect the railroad line during thunderstorms.

**Access:** (machine translated)
From Ventimiglia, drive up the Roya Valley toward Col de Tende.
You'll pass through Breil-sur-Roya, drive past Giandola (parking lot below the Maglia), and park 2 km further on the right, across from the entrance to the canyon (a stone-lined channel).
Above: Follow the road, turn right at the tunnel exit toward Saorge, and then take the first left (old road). Drive past a left-hand curve until you reach marker 18.

**Approach:** (machine translated)
Follow the PR hiking trail (yellow markers), which passes through Paspus and reaches Panigeore in 1.5 hours: a beautiful trail with stunning views of the mountains and the Breil/Roya Valley. Walk past the farm in Panigeore, cross the flat meadow behind the farm, and at its left exit, you'll find a well-maintained path that leads diagonally downhill and passes by an old barn. Continue on to a renovated house and then straight down into the valley along a fairly steep but easily walkable grassy slope.

Without a shuttle: Drive past the canyon exit, continue for 350 m to find good parking spots on the right. Walk another 850 m and, before the bridge over the Roya, take a well-maintained path that begins above a stone wall. It passes under the railroad tracks, follows a path, climbs, and turns left at the fork toward a renovated house and ruins above. Follow a trail on the right, then continue straight ahead (due north) across terraces and animal trails (quite steep). You'll reach a second area with ruins. Continue straight ahead on a fairly good trail, then slightly to the right, then straight ahead again, and finally slightly to the right once more to rejoin the well-maintained PR trail from the shuttle bus approach. Continue along this route. About 2 hours.

**Tour:** (machine translated)
A beautiful, uninterrupted descent past about thirty waterfalls in a very striking valley—a veritable gorge on the right bank of the Roya.
From below, it’s impossible to imagine the beauty of this place: stunning rock formations and breathtaking erosion patterns. The first three waterfalls are interlinked and fed by a spring. They were renovated in 2014 to make it easier to pass through without getting your feet wet. After that, the water disappears and the canyon is dry, though tracks indicate that it sometimes flows. Once you’re in the rocky channel, you pass under the railroad bridge. An anchor point on the right bank allows for rappelling if the boulders are wet or damp.
The longest rappelling sections are in the second half.

Difficulty:
Quite challenging. A canyon with a very steep elevation drop. You can reach safety, but to actually get out, you would have to scale rock ledges.
Given the steep, heavily forested, and scrub-covered surroundings, there is no known or obvious escape route. However, the high-voltage power line running high above the valley serves as a landmark for exiting the valley on the right side (just before passing under the line). The best way to proceed is to follow goat trails through the underbrush to the transmission tower at an elevation of 675 m, and then take a path leading to Giandola.

**Return:**

**Coordinates:**
Canyon Start 43.9766 7.5211
Canyon End 43.9646 7.5236
Parking at Entry 43.9533 7.5189
Parking at Exit 43.9681 7.5300

**Reports:**

---

2026-04-09 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Lagouna Bien équipé (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21241/observations.html)

---

2025-10-07 | System User | |🕮 |⚓ | 〰 Dry | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Lagouna Beautiful dry gorge. A little water flowed during the first three abseils, but you hardly get wet (since we knew the gorge, we had rain pants with us for this section). No wetsuit necessary. As with the previous tour, it took us no longer than 3 hours to complete the gorge. Double belays everywhere. The approach and gorge were very sunny. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21241/observations.html)

---

2025-10-07 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Dry | 👍 Completed
Beautiful dry gorge. A little water flowed during the first 3 rappels, but you hardly get wet (since we knew the canyon, we had rain pants with us for this part) No neo necessary. As with the first time, we didn't need more than 3 hours for the canyon. Double stands everywhere. Access and canyon very sunny □□ (machine translated)

---

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/21241/Lagouna.html