

Arroscia

Cascade dell' Arroscia, Torrente Arroscia, Rio Passetto

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Create: 2023-11-20 21:26:31 **Update:** 2025-10-10 08:09:48 **Print:** 2026-02-01 04:02:15

Country: Italia / Italy **Region:** Liguria **Subregion:** Imperia **Town:** Mendatica

Difficulty: a little difficult	Grading: v4 a3 III	Total time: 6h
Approachtime: 30min	Tourtime: 5h	Returntime: 30min
Altitude entry: 1340m	Altitude exit: 910m	Delta Altitude: 430m
Canyon length: 1350m	Highest rappel: 56m	Amount rapells:
Transport: Car required	Rock type:	Drainage area: km ²
Season:	Orientation:	Best Time:
Rating: ★ 2.9 (1)	Info: ★ 0 ()	Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x 60m

Summary:

 (machine translated)

Moderately incised canyon

Hydrology:

 (machine translated)

The route is relatively easy and not deeply incised. Small paths line the stream and the hiking trail is never far away.

Some small pools, the waterfalls are sometimes slightly wet.

Basically doable all year round, but without snow.

Access:

 (machine translated)

Aval:

-From Ventimiglia via the A10 highway, exit Imperia Est. At the exit, turn right towards Torino-Colle di Nava. At the entrance to Acquettico (immediately after Pieve di Teco), turn left towards Ponti (Santa Lucia canyon) and continue to Mendatica.

-From Genoa, take the Albenga exit and follow the SP453 to Pieve di Teco.

At the entrance to the village, turn left and park in the parking lot below the cemetery, near the large cross.

Uphill:

Cross the village and continue for 7 km in the direction of Monesi until you reach the San Bernardo mountain pass. Turn left and continue for 3.7 km (good road, direction Sanson-Colle di Garezzo) until you reach signs no. 251 in a 90° right turn (indication Poilarocca).

Approach: (machine translated)

From the signs, follow the path downhill to the ruined hamlet. Turn left and walk slightly downhill towards Cascate dell' Arroscia-Mendatica for 5 minutes. At an altitude of 1400 m, go straight down into the forest to the stream (steep, very vague tracks).

Without shuttle bus:

At the entrance to Mendatica, continue by car on a path on the left towards Montegrosso (not shown on the map), drive 1 km and park on the left at the first hairpin bend. Climb directly above the car on narrow paths (10/15 min., steep) to reach the path that you follow to the left towards Poilarocca. The very good path winds through a beautiful forest, then after a canyon (ropes) crosses a ridge, then changes direction and gradually runs parallel to the stream. At an altitude of 1400 m, descend directly down the slope. If you climb a little too high, you will reach the ruined hamlet of Poilarocca (1424 m). Then you only have to walk back for 5 minutes... At the Gropin bridge, at the viewpoint of the waterfall and in the hamlet of Poilarocca, there is a table where you can take a well-earned break.

Steady ascent, 2:10 hours in total.

Tour: (machine translated)

Very open start, small inclined ledges lead to a weak notch. An R6 (4 m jump not to be missed, it's the only one in the canyon), C15 and C7, the big waterfall begins... This is followed by a succession of very steep drops with open and wide intermediate platforms. At the viewpoint (left bank, exit option) there is a small descent, the belaystation is more on the right.

C56 (be careful when positioning the ropes for hauling in, as there is a lot of friction), then a steeper C50, 2 small waterfalls lead very quickly to the small wooden bridge.

Route under forest cover, quite slippery. Very good equipment with 2 bolts or harnesses (natural anchors).

Return: (machine translated)

Go to the bridge and take the path on the left bank, which after a few meters leads back to the main path (signs), which leads back down to the village.

Coordinates:

Canyon Start [44.0591 7.7868](https://www.descente-canyon.com/canyoning/canyon/23441/Arroscia.html#44.0591,7.7868)

Canyon End [44.0673 7.7949](https://www.descente-canyon.com/canyoning/canyon/23441/Arroscia.html#44.0673,7.7949)

Parking at Entry [44.0614 7.7807](https://www.descente-canyon.com/canyoning/canyon/23441/Arroscia.html#44.0614,7.7807)

Parking at Exit [44.0755 7.8050](https://www.descente-canyon.com/canyoning/canyon/23441/Arroscia.html#44.0755,7.8050)

Unknown Parking [44.0696 7.8002](https://www.descente-canyon.com/canyoning/canyon/23441/Arroscia.html#44.0696,7.8002)

Reports:

2023-03-09 | System User | ★★ | 📄 | ⚓ | |

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