

# Cognas

Ravin de Cognas,Ravin du Gros Vallon

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**Create:** 2023-11-20 21:16:40

**Update:** 2025-06-27 21:56:22

**Print:** 2026-06-17 11:06:59

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-de-Haute-Provence **Town:** Demandolx

**Difficulty:**

**Grading:** v? a? ?

**Total time:** 2h45

**Approachtime:** 45min

**Tourtime:** 1h30

**Returntime:** 30min

**Altitude entry:** 1140m

**Altitude exit:** 1000m

**Delta Altitude:** 140m

**Canyon length:** 700m

**Highest rapell:** 13m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 1.6 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:**

Rohdaten Import von Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/2856>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [43.8568 6.5812](#)

Canyon End [43.8632 6.5794](#)

Unknown Parking [43.8680 6.5818](#)

Unknown [43.8645 6.5808](#)

**Reports:**

2023-03-09 | System User | ★ | 📖 | 📍 | |

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