

# Brize

Gorges de la Brize, Les gorges de la Brize

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-03-09 20:50:28	<b>Update:</b> 2024-01-03 23:48:15	<b>Print:</b> 2026-03-17 03:03:16
<b>Country:</b> France <b>Region:</b> Auvergne-Rhône-Alpes <b>Subregion:</b> Ain <b>Town:</b> Poisieu		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a2 I	<b>Total time:</b> 1h55
<b>Approachtime:</b> 5min	<b>Tourtime:</b> 1h30	<b>Returntime:</b> 20min
<b>Altitude entry:</b> 635m	<b>Altitude exit:</b> 510m	<b>Delta Altitude:</b> 125m
<b>Canyon length:</b> 850m	<b>Highest rapell:</b> 15m	<b>Amount rapells:</b> 6
<b>Transport:</b> on Foot	<b>Rock type:</b> limestone	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> South	<b>Best Time:</b>
<b>Rating:</b> ★ 1.8 (3)	<b>Info:</b> ★ 1 (1)	<b>Belay:</b> ★ 1 (1)
<b>Specialities:</b> § Regulated,		
<b>Gear:</b> Ropes: 1x30m		
<b>Summary:</b> (machine translated) Open forest gorge		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) From Artemare (the way there described at Canyon Groin) and there from the Place de la Liberté on the D 31 running north (Cote d'Yon). In serpentines it goes up to the hamlet Don. We leave the first bridge over the Groin to the left. Over the 2nd bridge (Pont du Diable) we drive on the orographic right side of the Groin. Now we drive continuously in direction NNW and come to Champagne-en-Valromey. In the center of the village we keep to the right, leave the village via Grande Rue (D 30) and come (staying left at the next road junction) to the houses of Poisieu. Here, at the T-junction on the right, after about 1.5 km, we reach a parking lot on the right of the road ("Pain du Sucre" - sign). Park the car here.		
<b>Approach:</b> (machine translated) From the parking lot down the footpath to the stream (rappeling over the Pain du Sucre - the large stalagmite in the stream - is prohibited).		
<b>Tour:</b> (machine translated) The view of the Pain du Sucre in the rocky basin is the best thing about this tour - even if you are not allowed to rappel over it. Although a sign on the access to the basin with the Pain du Sucre reads "Canyoning interdit", the actual ban only applies to rappels over the Pain du Sucre. In general, be careful on sintering. After the first C 15, you walk under a rock face, the ledge of which can also be climbed (at least partially) from above as the "Banc des Dames" (sign to the right of the ascent slope, before it bends to the west towards the tarred road). You can also park your car (or a second car) at this bend.		
<b>Return:</b> (machine translated) After passing under the bridge, another C 15 awaits us and, after a 300 m run, 5 smaller diagonal abseils (some of which are slippery). After the last one, a path leads steeply up the right bank. You come to a path which you climb up to the left. You come to another dirt road, which you follow to the right until you see the tarred road, which you follow to the right to the car.		

**Coordinates:**

Canyon Start [45.9395 5.7139](#)

Canyon End [45.9318 5.7176](#)

Parking Entry and Exit [45.9388 5.7135](#)

## Reports:

2025-08-10 | System User | |📖|📍|🌊 Dry |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2025-06-29 | System User | |📖|📍|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize Sec au dessus et ça coulouillait sur la fin. ça doit être beau avec plein d'eau (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2025-05-26 | Pepijn Hoeksema |⭐|📖|⭐|📍|📍|🌊 Low |👍 Completed

Easy canyon, some ropes around the trees can use an update.

2025-05-11 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize Ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2025-05-10 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2025-04-23 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize Très joli. Par contre pas mal d'arbres sont tombés. Le T5 est complètement encombré. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2024-09-29 | System User | |📖|📍|🌊 High |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize Beaucoup d'eau mais il y toujours moyen de descendre. Beaucoup d'ANChemin de retour décrit précédemment en partie testé mais on est vite retombé sur les panneaux de propriétée privé, il faudrait sans doute plus rester au niveau de la rivière. Vu personne. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2024-09-10 | System User | |📖|📍|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize Avec les pluies de la veille : Petit filet d'eau à la cascade du Pain de Sucre et DC - à la dernière C8.Pour l'accès au premier rappel, cela serait idéal de mettre en place un ancrage pour faire une MC en RG.Les relais sont sur amarage naturel sauf C15 doté de deux plaquettes. Concernant la dernière C8, nous n'avons pas trouvé de relais sur AN. On est descendu avec un arbre RD (environ 35m de corde à prévoir)Les toboggans sont ok mais ne glissent pas trop avec ce debit mais cela peut se sauter :)Concernant le retour, il y a deux affichettes avec "propriété privé" + une pancarte avec canyoning interdit. Pour éviter tout malentendu avec le propriétaire, je pense qu'il faudrait remonter en longeant la rivière RD, passer devant l'ancienne meule en pierre, pour rejoindre le pont. Et ensuite reprendre le chemin forestier jusqu'au parking des dames (à voir si cela est vraiment possible ?) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2024-08-03 | System User | |📖|📍|🌊 Dry |🔴 Not done

Automatisch importiert von Descente-Canyon.com für Canyon Brize (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2024-05-20 | System User | |📖|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2024-05-08 | System User | |📖|📍|🌊 High |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Brize GD qui ne pose pas de problème au niveau des obstacles. Sortie club à 7. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/222/observations.html>)

2023-03-09 | System User |⭐⭐|📖|📍|

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/222>