

# val Brenton

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**Create:** 2023-03-09 20:50:08

**Update:** 2025-11-13 08:56:54

**Print:** 2026-06-17 12:06:17

**Country:** Italia / Italy **Region:** Veneto **Subregion:** Belluno **Town:** Lago del Mis

**Difficulty:** not as difficult

**Grading:** v3 a3 IV

**Total time:** 7h30

**Approachtime:** 4h

**Tourtime:** 3h

**Returntime:** 30min

**Altitude entry:** 920m

**Altitude exit:** 570m

**Delta Altitude:** 350m

**Canyon length:** 1000m

**Highest rapell:** 30m

**Amount rapells:** 12

**Transport:** on Foot

**Rock type:** limestone

**Drainage area:** km<sup>2</sup>

**Season:** May - September

**Orientation:** Northeast

**Best Time:**

**Rating:** ★ 2.1 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

## Warnings:

*Ente Parco Nazionale Dolomiti Bellunesi*

articolo 11 legge 6 dicembre 1991, n. 394 aggiornata alla data 09-07-2021 "4. È vietata la pratica del torrentismo." [https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB\\_GU-n.163\\_20210709.pdf](https://www.dolomitipark.it/wp-content/uploads/2021/07/Regolamento-PNDB_GU-n.163_20210709.pdf)

*val dei Forni - Rui Bianch*

## Specialities:

§ Proscription,

## Gear:

**Summary:** (machine translated)

Short fun canyon

## Hydrology:

**Access:** (machine translated)

From Belluno on the 203 d in the direction of Agordo. After 8km (at Mas) turn left and go west via Gron to Sospirolo (4.5km). There turn right and head NNO to Lago di Mis. At the exit of the lake (at the root of the dam, until then about 7 km from Sospirolo) and 50 m before the bridge over the Torrente Mis at the 90 degree bend, park car (signs).

**Approach:** (machine translated)

Take the marked footpath to the Cadini and then up along the orographic left side of the stream until the path ends at a small viewing platform. Now continue up without a trail until the stream flattens (entry).

**Tour:** (machine translated)

Succession of pools that can be slid and / or jumped. Exit before the second bridge just before the confluence with the Torrente Mis.

**Return:** (machine translated)

Along the Torrente Mis downstream to the starting point.

## Coordinates:

Canyon Start [46.1876 12.0364](#)

Canyon End [46.1885 12.0370](#)

Alternative Canyon Start [46.1775 12.0293](#)

Waypoint [46.1791 12.0286](#)

## Reports:

2023-03-09 | System User | ★ ★ | 📖 | 📍 | |

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First descent: 15.08.2019 by Val Brenton Alta