Fründenfälle (Ost)

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-11-20 21:10:53	**Update:** 2026-08-24 07:24:03	**Print:** 2026-10-31 01:10:47

Country: Schweiz / Switzerland **Region:** Kanton Bern / Canton de Berne **Subregion:** Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district **Town:** Kandersteg

Difficulty: a little difficult	**Grading:** v4 a2 II	**Total time:** 7h30
Approachtime: 3h	**Tourtime:** 3h	**Returntime:** 1h30
Altitude entry: 2000m	**Altitude exit:** 1600m	**Delta Altitude:** 400m
Canyon length: 580m	**Highest rapell:** 45m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.5 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Warnings:
Ban on Commercial Canyoning
According to https://www.belex.sites.be.ch/app/de/texts_of_law/923.111/versions/1792/annex/2, the commercial operation of water sports activities is prohibited year-round.
inactive: *Prohibition of fishing in Bern Case C* (yearly 01.01. - 15.07.)
According to the fishing regulations of the Canton of Bern, this stretch of water may only be used from 16.07.-31.12.

Specialities:
Glacier in drainage area,

Gear:
Ropes: 2x 50m

Summary: (machine translated)
Rappel canyon

Raw data import from Descente Canyons https://www.descente-canyon.com/canyoning/canyon/22872

Hydrology: (machine translated)
Glacial tributary – Be careful of rising water levels during sunny and hot weather.
North Face Canyon.

Access: (machine translated)
Park in Kandersteg in the parking lot of the cable car to Lake Oeschinen

Approach:

Tour: (machine translated)
An obstacle course in a small, rugged valley with a magnificent view of Lake Oeschinen.
The descent exits right at the lake.

In several places, there are opportunities to climb out onto rock slabs.

Return: (machine translated)
Walk and swim along the lake (30 min.) and back to the parking lot (1 hr.).

Coordinates:
Canyon Start 46.4889 7.7324
Canyon End 46.4946 7.7316

Reports:

2023-03-09 | System User | ☆ ☆ ☆ ⯨ | 🕮 | ⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/22872/Frunden-Ost.html