

# Fründenfälle (Ost)

**Info: The quality of this description has not been checked yet or was rated bad.**  
If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

<b>Create:</b> 2023-11-20 21:10:53	<b>Update:</b> 2024-05-17 11:32:17	<b>Print:</b> 2025-12-07 12:12:29
<b>Country:</b> Schweiz / Switzerland <b>Region:</b> Kanton Bern / Canton de Berne <b>Subregion:</b> Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district <b>Town:</b> Kandersteg		
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a2 II	<b>Total time:</b> 7h30
<b>Approachtime:</b> 3h	<b>Tourtime:</b> 3h	<b>Returntime:</b> 1h30
<b>Altitude entry:</b> 2000m	<b>Altitude exit:</b> 1600m	<b>Delta Altitude:</b> 400m
<b>Canyon length:</b> 580m	<b>Highest rapell:</b> 45m	<b>Amount rapells:</b>
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km²
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 3.5 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

**Warnings:**  
**inactive:** *Prohibition of fishing in Bern Case C* (yearly 01.01. - 15.07.)  
According to the fishing regulations of the Canton of Bern, this stretch of water may only be used from 16.07.-31.12.

**Specialities:**

**Gear:**  
Ropes: 2x 50m

**Summary:** (machine translated)  
Rappel canyon  
  
Raw data import from Descente Canyons <https://www.descente-canyon.com/canyoning/canyon/22872>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**  
Canyon Start [46.4889 7.7324](#)  
Canyon End [46.4946 7.7316](#)

**Reports:**  
  
2023-03-09 | System User | ★★☆☆ | | |  
Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/22872/Frunden-Ost.html>