Bärenfall

Create: 2023-08-28 13:17:51	**Update:** 2025-08-05 18:21:27	**Print:** 2026-10-30 01:10:12
Country: Schweiz / Switzerland **Region:** Kanton Bern / Canton de Berne **Subregion:** Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district **Town:** Tschingel		
Difficulty: difficult	**Grading:** v5 a1 ?	**Total time:** 1h55
Approachtime: 45min	**Tourtime:** 1h	**Returntime:** 10min
Altitude entry: 1245m	**Altitude exit:** 1155m	**Delta Altitude:** 90m
Canyon length: 100m	**Highest rapell:** 80m	**Amount rapells:** 2
Transport: on Foot	**Rock type:**	**Drainage area:** 0.50km²
Season:	**Orientation:** Northeast	**Best Time:** 9-17 o'clock
Rating: ☆ 3 (2)	**Info:** ★ 3 (1)	**Belay:** ★ 1 (1)

Warnings:
inactive: *Prohibition of fishing Bern* (yearly 01.11. - 15.04.)
According to the fishing regulations of the Canton of Bern, this section of water may only be used from 16.04.-31.10.

Specialities:
§ Chargeable parking, Only suitable after rain,

Gear:
Ropes: 2x90m
drill tool,

Summary: (machine translated)
A waterfall approx. 80 m (35 / 45)

Hydrology: (machine translated)
Light stream that probably only carries water directly after rainfall.

Access: (machine translated)
By car to the paid parking lot at the exit of the Kiental (at the exit of the Griesschlucht)

Approach: (machine translated)
From the Tschingelsee, follow the Bärenpfad in the direction of Griesalp / Golderli. The well-maintained hiking trail first leads steeply uphill and then crosses a small bridge over a stream. Continue on the path until you see a conspicuous building on the meadow on the right (downhill). Walk across the meadow to the edge of the forest, where you meet the small stream just before the slope. Continue to follow the stream.

Tour: (machine translated)
For the last few meters to the edge, hang a rope from a tree and use it to descend secured to the last suitable tree. Use another tree as a natural anchor and rappel from there for about 80 meters. An intermediate stand can be set up after approx. 35 meters (in the water!) - but it is unlikely to find suitable anchors here.

Return: (machine translated)
230 meters across the meadows to the parking lot

Coordinates:
Parking Entry and Exit 46.5495 7.7560
Canyon Start 46.5519 7.7556
Canyon End 46.5510 7.7555
Waypoint 46.5527 7.7502
Waypoint 46.5536 7.7530
Waypoint 46.5524 7.7552

Reports:

2022-08-26 | Bubtore | ☆ | 🕮 | ⚓ | ≋ Low | 👍 Completed
It's clear that it will never become a classic, but it's one more thing you can do to pass the time when it's raining. (machine translated)

2021-11-02 | Christian Balla | ☆ ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ | ≋ Normal | 👍 Completed
Good alternative if there is too much water everywhere else. 1 waterfall, rappel from the forest. See https://www.christian-balla.de/~130 ATTENTION: We have drilled the intermediate stand in the middle of the waterfall. This is probably impossible to find or very quickly in a critical condition. Be sure to take material for the intermediate belay or sufficiently long ropes! (machine translated)