Rio val di Gola

Val di Gola

Create: 2026-02-28 18:48:32	**Update:** 2026-08-27 07:16:02	**Print:** 2026-10-30 12:10:06
Country: Italia / Italy **Region:** Trentino-Alto Adige **Subregion:** Trento / Provincia autonoma di Trento **Town:** Folgaria		
Difficulty: not as difficult	**Grading:** v1 a3 II	**Total time:** 1h50
Approachtime: 10min	**Tourtime:** 1h	**Returntime:** 40min
Altitude entry: 410m	**Altitude exit:** 320m	**Delta Altitude:** 90m
Canyon length: 700m	**Highest rapell:** 8m	**Amount rapells:** 6
Transport: Car optional	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:** Southwest	**Best Time:**
Rating: ☆ 3.5 (5)	**Info:** ★ 2.4 (5)	**Belay:** ★ 2.8 (5)
Specialities:		
Gear: Ropes: 1x20		
Summary: Short but spectacular canyon close to border TAA-Veneto. Could have an upper canyon but we assume it is rather horizontal.		
Hydrology:		
Access:		
Approach: Follow carefully (cars traffic is not underestimate) road till bridge between two galleries and find evident trail on right bank of canyon.		
Tour: Acquatic and narrow tour. Perfect choice for second canyon in a day.		
Return: Exit on left bank when you reach confluence of rio Cavallo and reach Maso dei Forrer and then Ca' dei Francesi.		
Coordinates: Parking Entry and Exit 45.9229 11.1252 Canyon End 45.9216 11.1242 Canyon Start 45.9259 11.1304		

Reports:

2026-10-03 | Elias Eberl | ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ ★ ★ | ≋ Normal | 👍 Completed
Everything's fine (machine translated)

2026-08-26 | Elias Eberl | ☆ ☆ ☆ ☆ | 🕮 ★ ★ | ⚓ ★ ★ ★ | ≋ Normal | 👍 Completed
Everything’s fine. For the last rappel in the second dark gorge, the anchor is at the top left. The way back is arduous and not entirely easy to find. If you walk upstream as described, you’ll reach the tall waterfall with a pool. From there, head uphill on the orographic right at a suitable spot to the visible remnants of stone terraces. After the second one, a path leads left out of the canyon toward the houses. 20 minutes is definitely not enough; allow for 40. (machine translated)

2026-07-09 | Ines Engelmann | ☆ ☆ ⯪ | 🕮 ★ ★ | ⚓ ★ ★ ★ | ≋ Low | 👍 Completed
New anchor points, very low water level—you’ll only get wet up to your knees at most. All pools are filled with gravel. Can be navigated even without a wetsuit. Short rappelling sections with walking passages. Two narrow gorges. Return trip upstream along the Rio Cavallo; after about 10 minutes, at the large waterfall, climb steeply uphill through the brush on the orographic right to the two houses, then follow the hiking trail back to the car. (machine translated)

2026-05-17 | Simone & Armin | | 🕮 | ⚓ | | 👎 Not done
Question to the locals □□ Unfortunately there was a lot of water everywhere this weekend... as we're not from here, it's really difficult to know what water level is still feasible. I realize that this is always individual, but a reference photo or reference photos with low / medium / high would be really super. Would the canyon have been possible at this water level? (Very aquatic) Thanks for your help □□□ (machine translated)

2026-03-01 | Jeroen Kirchner | ☆ ☆ ☆ | 🕮 ★ ★ | ⚓ ★ ★ | ≋ Normal | 👍 Completed
Deep and impressive Dolomite gorge with cave like passages, some due to huge fallen boulders where we go below. A bit of a jungle feel as well. A must when in the area or when traveling on this road. We did it after Pignatte. Continued with one car, parked along the busy road. At the exit of Gola (confluence with the main river) left bank and then gently via the houses back to the road.

2026-03-01 | MirkoT | ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ ★ ★ | ≋ High | 👍 Completed
All ok (machine translated)