

Rau de Sugliet

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Create: 2026-04-20 07:21:14

Update: 2026-04-20 07:22:37

Print: 2026-06-17 12:06:30

Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Lucéram

Difficulty: easy

Grading: v2 a2 II

Total time: 4h40

Approachtime: 10min

Tourtime: 3h30

Returntime: 1h

Altitude entry: 910m

Altitude exit: 640m

Delta Altitude: 270m

Canyon length: 2800m

Highest rapell: 11m

Amount rapells:

Transport: Car required

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x 25m

Summary: (machine translated)

Right tributary of the Rau de Cuous

Hydrology:

Access:

Approach:

Tour: (machine translated)

Right tributary of the Rau de Cuous

Including the departure time from Cuous

Return:

Coordinates:

Canyon Start [43.9004 7.3683](#)

Canyon End [43.8975 7.4005](#)

Reports:

2026-04-14 | System User | |📖|📍|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sugliet Pas mal de marche mais propre et agréable car ça ne glisse pas. De nombreux jolis petits trous d'eau trop de fond au début puis dans le dernier tiers les ressauts sont plus hauts et les vasques un peu plus profondes . Retour en remontant le Cuous .A faire au moins une fois (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21432/observations.html>)