

Rau de Sugliet

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Create: 2026-04-20 07:21:14

Update: 2026-04-20 07:22:37

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Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Lucéram

Difficulty: easy

Grading: v2 a2 II

Total time: 4h40

Approachtime: 10min

Tourtime: 3h30

Returntime: 1h

Altitude entry: 910m

Altitude exit: 640m

Delta Altitude: 270m

Canyon length: 2800m

Highest rapell: 11m

Amount rapells:

Transport: Car required

Rock type:

Drainage area: km²

Season:

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x 25m

Summary:

Rechter Nebenfluss des Rau de Cuous

Hydrology:

Access:

Approach:

Tour:

Rechter Nebenfluss des Rau de Cuous

Einschließlich der Abfahrtszeit von Cuous

Return:

Coordinates:

Canyon Start [43.9004 7.3683](#)

Canyon End [43.8975 7.4005](#)

Reports: