Torrente La Foce

Foce

Create: 2023-03-09 20:55:37	**Update:** 2026-09-07 07:22:30	**Print:** 2026-10-30 02:10:27
Country: Italia / Italy **Region:** Friuli Venezia Giulia **Subregion:** Pordenone **Town:** Pielungo		
Difficulty: a little difficult	**Grading:** v4 a3 IV	**Total time:** 5h10
Approachtime: 5min	**Tourtime:** 5h	**Returntime:** 5min
Altitude entry: 535m	**Altitude exit:** 240m	**Delta Altitude:** 295m
Canyon length: 3000m	**Highest rapell:** 8m	**Amount rapells:** 4
Transport: Car required	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.2 (3)	**Info:** ★ 2 (1)	**Belay:** ★ 1 (1)

Specialities:

Gear:
Ropes: 1x30m

Summary: (machine translated)
Long, shallow, narrowly incised hiking, slide and swim canyon. Very slippery rock. Top scenic.

Hydrology:

Access: (machine translated)
From the A23 highway, take the Carnia/Tolmezzo exit toward Tolmezzo; at the Tolmezzo roundabout, head toward Verzegnis and drive over the Sella Chianzutan into the upper Arzino Valley. Pass the turnoff for Pielungo and continue to a large parking area directly in front of the bridge over the Torrente La Foce.

Alternatively, if coming from the south, you can reach the Arzino Valley via Anduins. From there, continue about 8 km upstream to the parking lot at the exit.\n\nExit parking lot: Downstream from the bridge over the La Foce, a narrow, bumpy road branches off; follow it through Pecol to Orton, where you'll rejoin a larger road. Here, turn sharply right and then immediately right again onto the road toward Pielungo. Follow this road to the trailhead bridge (parking for 1 car).

If you only want to hike the lower section, follow the road until about 1 km past the small settlement of Battais.Turn sharply right here and follow the narrow paved road to the bridge over the canyon; just beyond it, there is a parking bay for one car.

Alternatively, you can also reach the parking entry from the other side of the valley. Drive via Pielungo toward Clauzetto

Approach: (machine translated)
Either rappel down from the bridge using a 30-meter rope, or follow the road along the left bank (as you face the bridge) uphill for about 100 meters until you can descend into the streambed.
Alternative entry point:
At the south end of the bridge, follow a path that quickly becomes visible to the water cave (or descend off-trail to the bottom of the gorge before reaching it).

Tour: (machine translated)
Right at the start, be sure to explore the short, narrow gorge of a tributary on the left. Over the next 2.5 kilometers, the stream winds its way through narrow gorges, with depths ranging from 10 to 50 meters. There are frequent short, more open sections, but leaving the canyon in an emergency would be very difficult. Slippery rock and plenty of downclimbing, with possible jumps of up to 4 meters; in 2011, there was a rappelling spot over a clamping block. Tributaries that flow into the gorge with waterfalls and rock faces densely covered with ferns create a jungle-like atmosphere. In an area where the gorge widens and is filled with large boulders, a powerful stream flows in from the right; it springs from a water cave a few steps upstream (explored to >1 km in 2018).
Map (relief) here: http://www.catastogrotte.it/dettaglio_grotta.php?ID=1709
The intermediate entry point also leads to this cave.
The canyon becomes more aquatic; the route proceeds through a series of pools toward the final narrow gorge. In the gloomy gorge, there's plenty to swim and jump in; you'll need to rappel twice past fallen trees. The canyon empties into the Arzino near a wonderful swimming spot (possible jumps in front of an audience up to 10m).\n\nIf you'd like, you can also swim through the Arzino's final canyon. It begins with two easy steps and has a long swim below the road bridge as its exit.

After the end of the gorge, follow a steep path to the left up to the road.

Return: (machine translated)
On the right bank, a clear path leads back to the road.

Coordinates:
Canyon Start 46.2643 12.9071
Parking at Entry 46.2644 12.9088
Parking at Exit 46.2674 12.9374
Canyon End 46.2717 12.9460

Reports:

2026-09-06 | LorenzGr | ☆ ☆ ☆ | 🕮 ★ ★ | ⚓ ★ | Normal | Completed
Lower section only. The first 15 minutes are extremely slippery in open scenery. Then you enter the gorge. There are three drops. The first is on rope, on a recent chain anchor. The second is a nice dive, and there is also an old single anchor, backed up by a rope connected to a stuck log. The third is an awkward downclimb made easier by the large number of logs. There are several passages between stuck logs, some quite awkward and others tricky due to several unstable logs that need to be checked and removed. At the exit, after 1 hour and 15 minutes, I found a crowd of swimmers on the banks of the Arzino, and I immediately began the return to the car at the beginning. I returned to it in 40 minutes, mostly on the road. The first bends can be quickly cut off on a good trail in the woods, although you end up in a private home's garden. While I appreciate this type of canyon, the satisfaction was dampened by the numerous passages on often unstable logs. The descent didn't seem particularly advisable, especially considering the numerous alternatives available nearby.

2026-08-16 | System User | | 🕮 | ⚓ | Normal | Completed
Automatisch importiert von Descente-Canyon.com für Canyon Foce DC, Randonnée aquatique, on a pas posé la corde une seule fois, très esthétique des beaux biefs et un encaissement magnifique (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21726/observations.html)

2023-03-09 | System User | ☆ ☆ ☆ ½ | 🕮 | ⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/21726

2023-03-09 | System User | ☆ ☆ ☆ | 🕮 | ⚓ | |
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