

# Jamal

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**Create:** 2026-01-29 18:57:12

**Update:** 2026-01-29 18:58:49

**Print:** 2026-06-17 11:06:00

**Country:** عمان / Oman **Region:** منطقة ظفار / Al Batinah South Governorate **Subregion:** **Town:** Bayt al 'Awabi

**Difficulty:** not as difficult

**Grading:** v3 a2 III

**Total time:** 4h20

**Approachtime:** 1h

**Tourtime:** 3h

**Returntime:** 20min

**Altitude entry:** 920m

**Altitude exit:** 790m

**Delta Altitude:** 130m

**Canyon length:** 650m

**Highest rapell:** 30m

**Amount rapells:** 7

**Transport:** on Foot

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** November - April

**Orientation:** Northwest

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x40

**Summary:**

<https://www.ottoverticale.it/catasto/q?Jamal>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

**Reports:**