

# Monar (Upper Lower)

Vallon du Monar

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2024-06-05 22:36:37

**Update:** 2025-06-27 21:57:39

**Print:** 2026-03-18 02:03:47

**Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Clans

**Difficulty:** not as difficult

**Grading:** v3 a2 II

**Total time:** 2h23

**Approachtime:** 3min

**Tourtime:** 2h15

**Returntime:** 5min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** m

**Highest rapell:** 31m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:**

**Best Time:**

**Rating:** ★ 2.5 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

Permit required,

**Gear:**

**Summary:**

Rohdaten Import von Ropewiki [https://ropewiki.com/Monar\\_\(Upper\\_Lower\)](https://ropewiki.com/Monar_(Upper_Lower))

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

Canyon Start [44.0036 7.1834](#)

**Reports:**

2023-03-09 | System User | ★ ★ ★ | 📖 | 📍 | |

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