

Raindu

Raindu Khola

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Create: 2023-03-09 20:51:48	Update: 2026-01-14 15:15:07	Print: 2026-02-01 04:02:37
Country: नेपाल / Nepal	Region: गण्डकी / Gandaki	Subregion: लमजुङ / Lamjung
Town: Syange		
Difficulty: a little difficult	Grading: v4 a3 II	Total time: 4h40
Approach time: 1h	Tour time: 3h20	Return time: 20min
Altitude entry: 1340m	Altitude exit: 1100m	Delta Altitude: 240m
Canyon length: 600m	Highest rappel: 65m	Amount rappels: 10
Transport: on Foot	Rock type: gneiss	Drainage area: km ²
Season:	Orientation: East	Best Time:
Rating: ★ 2.9 (1)	Info: ★ 0 ()	Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x50m+1x30m

Summary:

(machine translated)

Rappel canyon, oriented to the east

Hydrology:

Access:

(machine translated)

From Kathmandu on the Prithvi Hwy westwards towards Pokhara. After 130 km in 4 hours - if it walks well - we come to Dumre. You can also get here from Pokhara after 67 km in a good 2 hours. In Dumre we turn northwards into the valley of the river Marsyangdi and reach Besisahar after 42 km and 1.5 hours. Here the paved road ends (2011). Now on dirt road 24 km or 75 min. further to the village of Syange. This is also the approach if you approach the Annapurna Trek from the east, i.e. counterclockwise. Here or in the vicinity (e.g. in Germu on the other side of the river) we take up quarters for the ascent of the surrounding canyons.

Approach:

(machine translated)

We walk in the road village Syange on the track in southern direction and then take the path up to Mipra. Before reaching the first houses of Mipra we take the path that leads below the houses in southern direction to the canyon. The descent starts below the suspension bridge (see Google trail sketch at "Photos").

Tour:

(machine translated)

see topographic view and photos - (C12, R2, T30, C48, S4, C13, C12, R30, C65 (25 + 40), R4, T5)

Return:

(machine translated)

We leave the boulder field in the streambed on the dirt road and go back on it to Syange.

Coordinates:

Canyon Start [28.3755 84.3933](#)

Canyon End [28.3763 84.3989](#)

Reports:

2023-03-09 | System User | ★ ★ | 📄 | ⚓ |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/RainduCanyon.html>

First descent: 10.01.2004 by HCT team 2004 - 2009