Bertheou

Vallon de Berthéou,Berthéou

Create: 2023-03-09 20:54:29	**Update:** 2023-10-14 09:16:23	**Print:** 2026-10-30 12:10:02
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Daluis		
Difficulty: not as difficult	**Grading:** v3 a3 II	**Total time:** 2h5
Approachtime: 5min	**Tourtime:** 1h30	**Returntime:** 30min
Altitude entry: 780m	**Altitude exit:** 680m	**Delta Altitude:** 100m
Canyon length: 1000m	**Highest rapell:** 10m	**Amount rapells:** 10
Transport: on Foot	**Rock type:**	**Drainage area:** 5.00km²
Season: June - September	**Orientation:** Southeast	**Best Time:**
Rating: ☆ 2 (2)	**Info:** ★ 2 (1)	**Belay:** ★ 0 ()
Specialities:		

Gear:
Ropes: 1x 20m

Summary: (machine translated)
Short rappel canyon in red shale down to Var

Hydrology:

Access: (machine translated)
From Nice through the Var valley to the north, then west and finally north again to the Gorge de Daluis (via the D 2202 towards Guillaumes). After the village of Daluis, the road rises sharply to cross the canyon Gorge de Daluis at 100 to 200 m above the Var wild and romantic. About 3 km after the village, a side stream (the Bertheou) is crossed on a high brick bridge (signs "Pont de Bertheou"). Park here.

Approach: (machine translated)
A horizontal trail begins at the north end of the bridge and is followed upstream (northwest) for 10 min to the entry (at a fork, take the left downhill trail).

Tour: (machine translated)
With about 10 small rappels in scenic terrain, this is a nice canyon that is also suitable for beginners.

Return: (machine translated)
From the mouth of the Bertheou, wade down the valley for about 100 m in the Var until a path becomes visible behind a terrain edge (large cairn), which leads back up the flank to the road. Take the road up to the right to the parking lot.

Coordinates:
Canyon Start 44.0423 6.8321
Canyon End 44.0388 6.8371
Parking Entry and Exit 44.0419 6.8330

Reports:

2026-08-11 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou À choisir entre ça et rien, il vaut mieux ça. L'encaissement est joli. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-08-04 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou peu d'eau, ne vaut pas vraiment le détour sauf pour de l'initiation. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-07-12 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Magnifique petit canyon d'initiation par excellence.Le bas de la combi suffit. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-06-21 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Belle découverte !!!Beau petit canyon; super chaud, aujourd'hui peut se faire juste avec le bas de la combi. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-06-07 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Petit canyon très sympa pour se rafraîchir et compléter la journée.Bien équipé.On arrive dans le lit du Var qui même en bon débit ne pose pas de souci pour remonter (retour RD depuis la passerelle suspendue).Belle découverte, mériterait une meilleure note... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-05-23 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2026-05-16 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2025-09-27 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Descente dans le cadre du RIF 2025Equipement OkNe glisse pasPas de nage (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2025-06-20 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Je ne comprends pas pourquoi ce joli canyon est aussi mal noté sur DC.... Il faudrait réécrire le retour car la passerelle a été refaite ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2025-05-30 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Dc ++ (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2025-05-02 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Petit canyon à faire avec plaisir ,pas de difficulté (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2025-04-19 | System User | |🕮 |⚓ | 〰 High | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou Du vrai bon débit dans bertheou. Aucune difficulté et toutes les vasques pleines. Le var passe à l'opposé donc aucun souci pour sortir (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2150/observations.html)

2024-08-25 | System User | |🕮 |⚓ | 〰 Low | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Berthéou On débute dans le calcaire avec pas mal