

Seu Espina

la Foz de Séu Espina,de Llañagoria,Foz Seu Espina,La Foz de la Riega Mayor

Info: The quality of this description has not been checked yet or was rated bad. If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
Create: 2024-06-05 22:43:35	Update: 2026-05-22 16:24:37	Print: 2026-06-17 12:06:42
Country: España / Spain Region: Asturias, Principado de / Principality of Asturias Subregion: Asturias Town: Ponga		
Difficulty: easy	Grading: v2 a1 III	Total time:
Approachtime: 2h	Tourtime:	Returntime: 2h
Altitude entry: m	Altitude exit: m	Delta Altitude:
Canyon length: m	Highest rapell: 8m	Amount rapells: 2
Transport:	Rock type:	Drainage area: km ²
Season: September - May	Orientation:	Best Time:
Rating: ★ 0 ()	Info: ★ 0 ()	Belay: ★ 0 ()
Specialities:		
Gear:		
Summary: (machine translated) Gullies to combine, access and long returns for two canyons without too much entity. Their strength is the little known, solitary and magnificent environment that surrounds them. Since we get to them it is better to do both and in that case better after rains to ensure that the pools have clean water and run something. Collecting The descent of the ravine seems to be prohibited for being in the park of Ponga, consult possible restrictions. Source: https://www.ponga.es/descenso-de-barrancos		
Hydrology:		
Access: (machine translated) We are in Cangas de Onís, we will take the N625 to go up the Sella. At pk 135 we have the detour to the right to Viego by the PO-2, towards Beleño, up to p.k. 5, the Llomena pass where we will park. If we have a high vehicle we could go up the track to the Excueñu, next to the quarry. That is the beginning of the path to Pierzo peak.		
Approach: (machine translated) From the quarry along the path of Pierzo peak to the pass, on the other side the sheepfolds of Aranga, we leave the path of the peak and we get into these plains to pass to the other side to take the path that descends to the cirque of the Salgaredo river. Halfway up we will reach a fountain / trough where the trail forks. Here we have two options, continue down to the Seu Espina or take the path to the left around the cirque towards the Palombinos, on the other side we have the Sorbeyu.		
Tour: Ver topo		
Return: (machine translated) After the confluence of both descents we go out on the right to climb to the road. We will have to go up the path above the Seu Espina and that takes us to its head, the rest is to retrace the path of access.		
Coordinates: Canyon Start 43.2251 -5.1624		

