# Chistau

Gargantas de Chistau,Gargantas de l'Hospital,Cinqueta,Zinqueta

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

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|---|---|---|
| **Create:** 2023-11-20 21:12:50 | **Update:** 2026-05-22 16:24:53 | **Print:** 2026-10-31 01:10:36 |
| **Country:** España / Spain **Region:** Aragón **Subregion:** Huesca **Town:** Gistaín | | |
| **Difficulty:** a little difficult | **Grading:** v3 a4 I | **Total time:** 3h40 |
| **Approachtime:** 30min | **Tourtime:** 3h | **Returntime:** 10min |
| **Altitude entry:** m | **Altitude exit:** m | **Delta Altitude:** |
| **Canyon length:** 2000m | **Highest rapell:** 0m | **Amount rapells:** |
| **Transport:** | **Rock type:** | **Drainage area:** km² |
| **Season:** June - August | **Orientation:** | **Best Time:** |
| **Rating:** ☆ 3.3 (1) | **Info:** ★ 0 () | **Belay:** ★ 0 () |

**Specialities:**

**Gear:**

**Summary:** (machine translated)
O de l'Hospital/l'Espital, in the valley of Gistaín/Chistau, are gorges on the Cinqueta river with its cold and limpid waters. Very aquatic due to its high flow almost all year round, with a lot of water movement, many overflows, foam, ... in a spectacular environment.

**Hydrology:**

**Access:** (machine translated)
We are located in Ainsa (N260), we will take the A138 towards France through the Bielsa tunnel. After a few kilometers we will pass through Labuerda and at pk57 we arrive at Escalona. We will continue towards France passing through Lafortunada until the detour to the valley of Chistau/Gistaín (A2609).
We will follow the road towards Plan/Gistaín until we reach San Juan de Plan, we will pass it and at the first sharp bend to the left there is a track straight ahead. This track takes us to Biados (Posets-Maladeta Park panel).
We will go up the track for about 6 kms until we reach the Hospital de Gistain parking lot, just before the bridge. There are signs on the right

**Approach:** (machine translated)
We will continue along the track crossing the bridge for about 30 min.

**Tour:** (machine translated)
Very aquatic, only for people accustomed to live water and water movements.

**Return:** (machine translated)
We can leave at the Hospital bridge or after the Sallena and Viciele ravines on a bridge that crosses the Cinqueta river.

**Coordinates:**
Canyon Start 42.6528 0.3619
Canyon Start 42.6488 0.3510
Canyon Start 42.6459 0.3458
Canyon End 42.6393 0.3439
Unknown Parking 42.6224 0.3450

**Reports:**

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2026-09-11 | System User | |🕮 |⚓ | 〰 High | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Chistau DC- sur cette descente, etiage. Tres gros debit encore, toute lesvasques avec mouvements et bien engravees. Sautes bien sonder... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22120/observations.html)

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2026-07-31 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Chistau Enchaîné garganta 4 après Sallena (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22120/observations.html)

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2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo tour, Tiempo regreso, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:huesca:chistau

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2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/22120/Chistau-.html