

# Arroyo de La Coteruela

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**Create:** 2026-05-22 16:04:27

**Update:** 2026-05-22 16:04:27

**Print:** 2026-06-17 11:06:02

**Country:** España / Spain **Region:** Cantabria **Subregion:** Cantabria **Town:**

**Difficulty:** not as difficult

**Grading:** v3 a2 I

**Total time:**

**Approachtime:**

**Tourtime:**

**Returntime:** 50min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** m

**Highest rapell:** 40m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** January - December

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

It is recommended to do the La Capia and Coteruela descents together, since the La Capia descent ends right where the Coteruela begins.

To combine with the ferrata and any of the other descents of Pandillo.

**Hydrology:**

**Access:** (machine translated)

Access to Vega de Pas area

We must arrive to Vega de Pas. From the N623 in Entrambasmestas we will take the CA263.

When arriving at Vega de Pas we will turn off by the CA630 to Pandillo.

Aguasal, La Coteruela, La Capia and Ruyemas ravines.

We will park in the village

**Approach:** (machine translated)

Accesses Aguasal, La Coteruela, La Capia and Ruyemas

From Pandillo, we continue along a path that leads to Estribera, cross the bridge over the stream and turn right following the PR-S62 (Miradores de Valnera) that takes us parallel to the stream. We reach a fork, where we will continue straight ahead towards Praderas de Ruyemas PR-S76 where we cross the river and reach the Ruyemas huts. We will walk between them in a straight direction looking for the bottom of the valley. We find the end of the descent of Ruyemas where it joins the stream Coteruela, we climb parallel to the latter following the milestones and markings to reach the beginning of the ravine.

**Tour:** (machine translated)

We will start this canyon with a nice rappel that introduces us into the stream more abundant than that of La Capía. In this descent we will mount 7 rappels with small walking areas and some small slides. The last big ramp will mount two rappels of 30 and 22 meters that leaves us in a nice pool that ends the descent.

**Return:** (machine translated)

From the well we will go out to look for the path we used on the way up, returning to Pandillo.

**Coordinates:**

Canyon Start [43.1448 -3.7217](#)

Canyon End [43.1448 -3.7217](#)

Unknown [43.1315 -3.6998](#)

Unknown [43.1344 -3.7058](#)

**Reports:**

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2024-06-16 | System User | |📖|📌| |

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