# Rio Mao

Cañón del Río Mao

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

| | | |
|---|---|---|
| **Create:** 2024-06-05 23:13:15 | **Update:** 2026-05-22 16:22:09 | **Print:** 2026-10-31 01:10:04 |
| **Country:** España / Spain **Region:** Galicia **Subregion:** provincia de Orense / Provincia de Ourense **Town:** Parada del Sil | | |
| **Difficulty:** not as difficult | **Grading:** v3 a3 III | **Total time:** 5h30 |
| **Approachtime:** 15min | **Tourtime:** 5h | **Returntime:** 15min |
| **Altitude entry:** m | **Altitude exit:** m | **Delta Altitude:** |
| **Canyon length:** 2700m | **Highest rapell:** 30m | **Amount rapells:** 8 |
| **Transport:** | **Rock type:** | **Drainage area:** km² |
| **Season:** June - August | **Orientation:** | **Best Time:** |
| **Rating:** ☆ 0 () | **Info:** ★ 0 () | **Belay:** ★ 0 () |

**Specialities:**

**Gear:**

**Summary:** (machine translated)
Behind this exotic name is the cradle of canyoning in Galicia. In the middle of the Rebeira Sacra we find this wonderful canyon that meets all the requirements of a great canyon, good flow, good vertical and well configured areas. Its only drawback is the walking areas between rappels.
Obligatory combination of cars. It is better to wait until summer to do it because it loads a lot of rain.
Be careful with the release of water from the dam.

**Hydrology:**

**Access:** (machine translated)
From Ourense on the OU536 until almost the p.k. 40, Vilalongo
Turn left towards A Teixeira, 5kms to Pedra do Sol, turn left to Parada do Sil on the OU-0605, after 5km we reach a right turn with a bridge over the river Mao. There is a place to park the car on the way back.
We will return to the OU536 with the access car, we will go back to Castiñeira, from Valilongo 2km until the detour to the right to Forcas. Cross the river Mao and go up to Forcas, about 500m before there is a path on our right that goes down to the canal, we can try to park here or closer to the village.

**Approach:** (machine translated)
By the road to go down to the river towards the canal.
Or from the Conceliña bridge detour, to follow the canal to the small sickle, where the PR goes down to the river.

**Tour:** (machine translated)
Areas of jumps, rappels and abseiling, interspersed with lots of walking in this beautiful canyon.

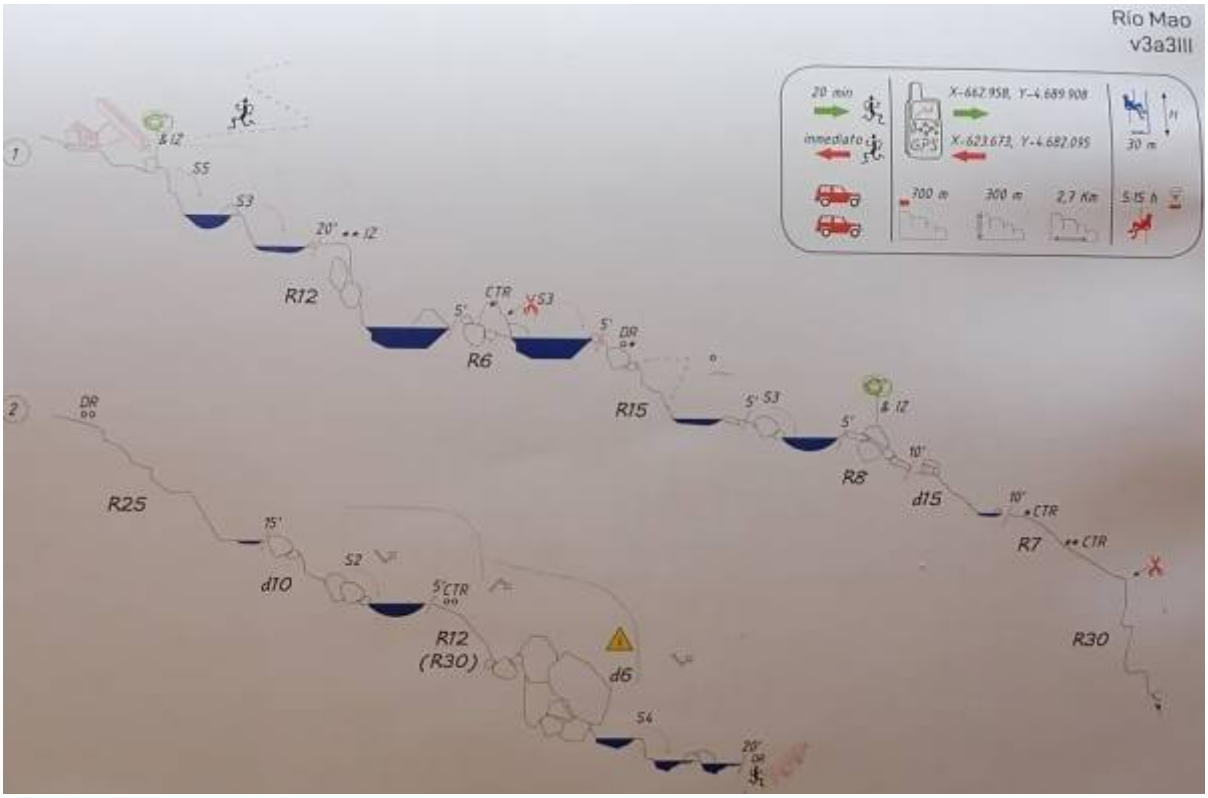
**Return:** (machine translated)
After the last difficulty we will continue walking 20min along the river to exit on the right to the road bridge.

**Coordinates:**
Canyon Start 42.3581 -7.5133

**Reports:**

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:ourense:mao

2023-03-09 | System User | |🕮 |⚓ | |
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