

# San Potito

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**Create:** 2026-01-27 20:00:37

**Update:** 2026-01-27 20:01:57

**Print:** 2026-06-17 11:06:29

**Country:** Italia / Italy **Region:** Abruzzo **Subregion:** L'Aquila / Provincia dell' Aquila **Town:** Ovindoli

**Difficulty:** not as difficult

**Grading:** v3 a1 III

**Total time:** 5h10

**Approachtime:** 50min

**Tourtime:** 4h

**Returntime:** 20min

**Altitude entry:** 1340m

**Altitude exit:** 1140m

**Delta Altitude:** 200m

**Canyon length:** 350m

**Highest rapell:** 30m

**Amount rapells:** 16

**Transport:** on Foot

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:**

**Orientation:** Southwest

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x40

**Summary:**

<https://www.ottoverticale.it/catasto/q?San%20Potito>

**Hydrology:**

**Access:**

**Approach:**

**Tour:**

**Return:**

**Coordinates:**

**Reports:**