

Bani Awf

Wadi Bani Awf, Big Snake Canyon, Snake Gorge, Snake Canyon

Create: 2023-03-09 20:55:12	Update: 2023-10-14 09:16:25	Print: 2026-02-02 08:02:07
Country: Oman / نامع / Oman Region: Al Batinah South Governorate Subregion: Zammah, Al Awabi Town:		
Difficulty: not as difficult	Grading: v3 a2 IV	Total time: 4h15
Approach time: 5min	Tour time: 4h	Return time: 10min
Altitude entry: 910m	Altitude exit: 730m	Delta Altitude: 180m
Canyon length: 3200m	Highest rappel: 25m	Amount rapells: 3
Transport:	Rock type:	Drainage area: km ²
Season:	Orientation: Northeast	Best Time:
Rating: ★ 3.8 (5)	Info: ★ 2 (2)	Belay: ★ 1.7 (3)
Specialities:		
Gear: Ropes: 2x30m		
Summary: (machine translated) Deep canyon, at the beginning a rappel, later a swim and hiking canyon		
Hydrology:		
Access: (machine translated) From Muscat, we drive west on the "Muscat Expy" highway. After about 25 km we pass the third entrance/exit to Muscat International Airport and leave it about 35 km further (and shortly before its exit - anno 2015) to the south on Route 13 in the direction of Nakhl, Awabi. After 27.5 km we pass Nakhl and after another 36 km we drive past Awabi towards Rustaq. About 4.4 km after the end of Awabi, we turn off Route 13 and head SSW following the signs for "Wadi Bani Awf". After 21 km (from Route 13) we have reached the houses of Zammah on the edge of the Wadi Bani Awf streambed. You can normally get here in a non 4x4 car. Here we leave 1 car - not in the riverbed! - parked here. After 4.1 km, the entry to the side canyon Wadi Bimah would be on the left, at the road split after 6 km (from Zammah) we take the left-hand dirt road (on the right it would go up to the village of Bilad Sayt) past a football pitch with artificial turf and after a total of 7 km, finally downhill in a few switchbacks, we have reached our destination. https://web.archive.org/web/20160705160043/http://www.omanclimbing.com/forum/files/snakegorgeareamap_140.jpg https://climbing7.files.wordpress.com/2014/05/1-topo-snake-gorge-canyon.jpg		
Approach: (machine translated) Access directly from the road into the clear opening of the gorge. Optional entry into the Gorvette, a mini canyon that flows into the Wadi Bani Awf (for this, the car must be driven up to the right at the last fork in the road to the village of Bilad Sayt - 1.9 km from the fork). See map sketch and route description (no rappel, the waterfall at the exit is downclimbed orographic left on a path).		
Tour: (machine translated) In the Wadi Bani Awf, first a running section, then some pools in a first narrowing, then another short running section in a widening of the canyon and then the rappel at the exit of the gravelly streambed. First 5m, then 25m to a wide ledge, from there 15m. Now follows the aquatic descent. We have made some somewhat delicate downclimbs a little more pleasant by using body protection. We pass the Wadi Bimah, which flows in from the left, and then pass the sinter "tunnel", the visual highlight of the tour. Then it's back to hiking and downclimbing. Finally, the canyon opens up, but only temporarily. At the exit, there is another narrow passage before you finally emerge from the narrow walls.		
Return: (machine translated) From the exit of the canyon a few meters to the end of the slope and on this out to Zammah.		

Coordinates:

Canyon Start [23.1981 57.3905](#)
Parking at Exit [23.2162 57.4039](#)
Parking at Entry [23.1974 57.3903](#)
Canyon End [23.2116 57.4039](#)
Waypoint [23.2070 57.3926](#)

Reports:

2026-01-21 | System User | |📋 | ⚓ | ⚙ Low | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf Ça ne coule pas mais les marmites sont bien remplies , le parcours est aquatique.Très beau (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2025-11-29 | Joey CIA | ★★★★ | |📋 | ⚓ ★ | ⚙ Low | 🌟 Completed

After Wadi Hatt still attached. Superiore combinable. Everything ok. A few jumps possible even at low water, but look carefully as the water was partly cloudy due to commercially guided tours. We were on our own but on the way out you could see that there were many people in the canyon. (machine translated)

2025-04-06 | System User | |📋 | ⚓ | ⚙ Low | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf Nice Canyon (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2025-04-06 | Patrik Bartel | ★★★★★ | |📋 ★★ | ⚓ ★★ | ⚙ Low | 🌟 Completed

Beautiful canyon, unfortunately only 3 rappels, but some small jumps. (machine translated)

2025-03-11 | System User | |📋 | ⚓ | ⚙ Low | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf Magnifique canyon, eau douce, gorges encaissé, jeux de lumières. Un must sur le secteur !!! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2025-03-03 | System User | |📋 | ⚓ | ⚙ Low | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf Branche de Bimah uniquement.Eau propre, vasques propres.Quasiment pas de pollution de bouteilles plastiques ou autres déchets, ce que je craignais.Fait en shorty, l'eau était un peu fraîche quand même.J'ai mis la corde à un passage où l'eau me semblait insuffisante pour sauter et la désescalade compliquée (corde de rando 8 mm, 30m très largement suffisants), c'est le seul endroit où j'ai vu un point. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2024-12-31 | System User | |📋 | ⚓ | ⚙ Low | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf Chouette canyon avec une vue magnifique ! Équipement top sur spits. Aucun passage glissant. Possibilité d'organiser une navette et de louer du matériel auprès de l'hôtel Bait Bimah. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2024-10-27 | System User | |📋 | ⚓ | ⚙ Normal | 🌟 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Bani Awf (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/23153/observations.html>)

2023-03-09 | System User | ★★★★★ | |📋 | ⚓ | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/23153>

2023-03-09 | System User | ★★★★ | |📋 | ⚓ | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/BaniAwfCanyon.html>

2020-02-24 | GeorgB | ★★★★★ | |📋 ★★ | ⚓ ★★ | ⚙ Low | 🌟 Completed

After spending the night at the football field beautiful tour through the gorge. Easy, well secured tour which is scenically very impressive and geologically interesting. Short cave passage and a few jumps possible. When changing cars we were given a lift by a French couple, otherwise it would have been a long and dusty trek along the road. (machine translated)