

Sponghe,Forra di Nortosce,Valle Sponghe

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 22:48:00	Update: 2026-01-28 18:43:48	Print: 2026-02-01 04:02:31
Country: Italia / Italy Region: Umbria Subregion: Perugia Town: Cerreto di Spoleto		
Difficulty: not as difficult	Grading: v3 a1 II	Total time: 4h30
Approachtime: 20min	Tourtime: 4h	Returntime: 10min
Altitude entry: 800m	Altitude exit: 400m	Delta Altitude: 400m
Canyon length: 5000m	Highest rapell: 33m	Amount rapells: 12
Transport: Car required	Rock type:	Drainage area: km²
Season: January - December	Orientation: Northeast	Best Time:
Rating: ★ 0 ()	Info: ★ 0 ()	Belay: ★ 0 ()

Gear:

Ropes: 2x40

Summary: (machine translated)

Raw data import from Ropewiki <https://ropewiki.com/Nortosce>

Hydrology:

Access:

Approach:

Tour:**Return:****Coordinates:****Reports:**

2023-03-09 | System User | |

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