

# Rec de les Espinedes

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**Create:** 2026-05-22 16:26:03

**Update:** 2026-05-22 16:26:03

**Print:** 2026-06-17 11:06:07

**Country:** España / Spain **Region:** Cataluña / Catalunya **Subregion:** Barcelona [Barcelona] / Provincia de Barcelona **Town:**

**Difficulty:** a little difficult

**Grading:** v4 a1 l

**Total time:** 1h31

**Approachtime:** 30min

**Tourtime:** 1h

**Returntime:** 1min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 400m

**Highest rapell:** 43m

**Amount rapells:** 7

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** March - November

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Recently opened by the members of EGAN, along with its neighbor the Saltant del Lluís. They are two simple dry descents, except after rains, in which we will enjoy some long rappel and a magnificent environment. It is not bad to carry spare material (cords above all).

Access relatively simple and fast by the track almost up to the ravines, if we have high vehicle we can arrive almost to the head and to make combination.

It has been unequipped in part, to take material for the natural ones.

**Hydrology:**

**Access:** (machine translated)

On the C16 from Berga to Puigcerda. We will pass Cercs and just at the p.k. 110 we will have the detour to the right to Malanyeu.

In this wonderful environment of beech and oak forests we will be located, ideal for autumn, in which we will enjoy both the part in vehicle and the walk to the headwaters.

We will pass Malanyeu and continue along the track for 1 km until we reach a crossroads where we have a fountain, just at the exit of our ravine. Here we can leave the vehicle.

If we have high vehicle (especially for combination) we can climb this track another 600m to the exit of Saltant, soon we can park. Almost another kilometer up in a left curve we would have a third parking area near the head of both ravines.

**Approach:** (machine translated)

We will go up by car or on foot to the Espinedes borda, just at the point where the track crosses the bed of the stream we access

**Tour:** (machine translated)

We will start with a first open part of walking and with trees from which to rappel, they are not too vertical. After this section we will arrive at the wall where we have the following rappels, for the first one, somewhat exposed, we can mount a handrail from a parabol. Then comes the long rappel and later from the ledge where we arrive we have the last rappel.

**Return:** (machine translated)

Right on track

**Coordinates:**

Canyon Start [42.1960 1.8968](#)

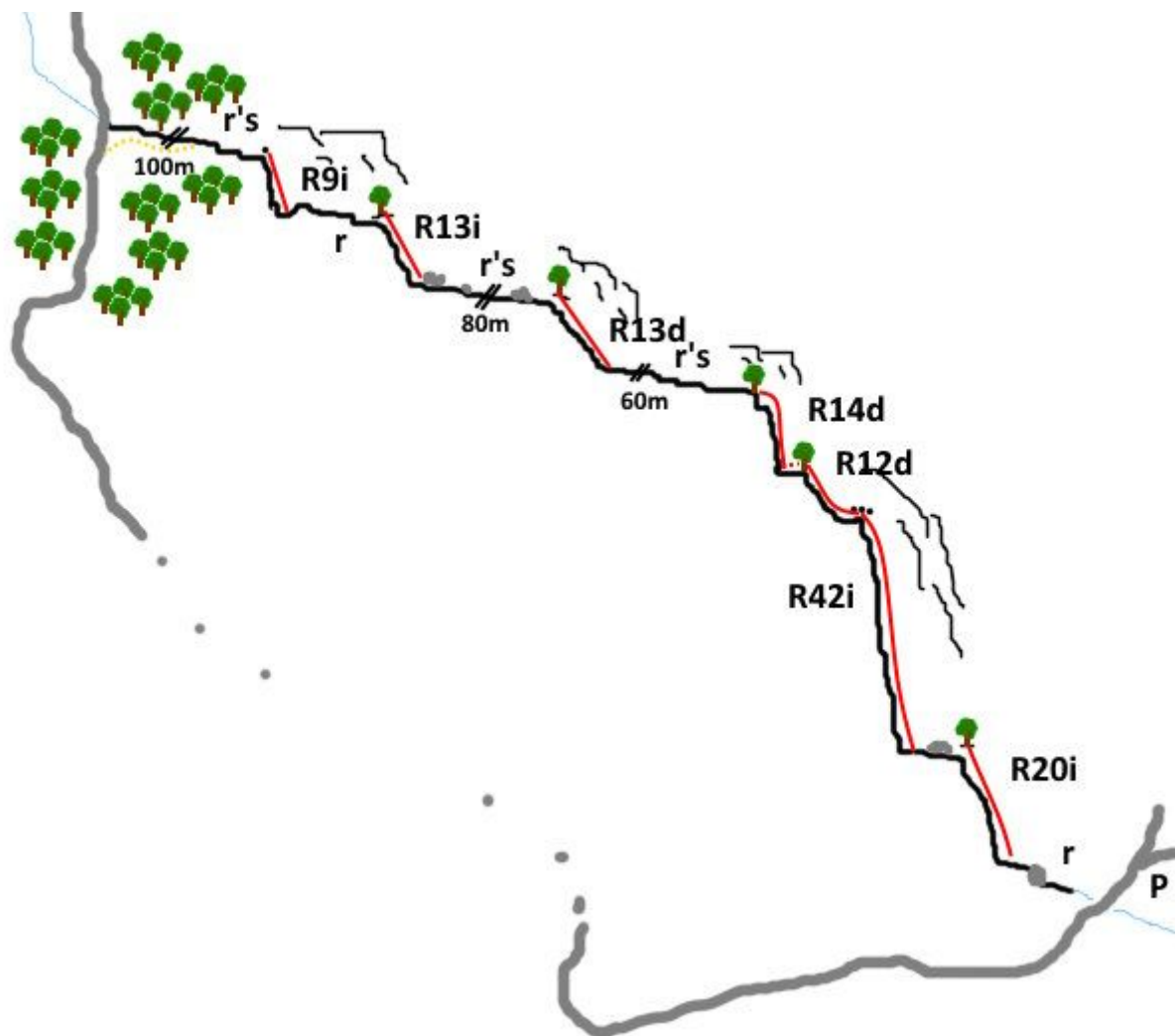
Canyon End [42.2020 1.9056](#)

**Reports:**

2024-06-16 | System User | |📄|📍| |

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