

# La Mola (Cenciara)

Fosso della Mola,Mola di Cenciara,Forra della Mola di Cenciara

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2024-06-05 22:53:20	<b>Update:</b> 2026-01-27 19:27:12	<b>Print:</b> 2026-06-17 11:06:07
<b>Country:</b> Italia / Italy <b>Region:</b> Lazio <b>Subregion:</b> Rieti <b>Town:</b> Rieti		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v2 a3 I	<b>Total time:</b> 3h35
<b>Approachtime:</b> 30min	<b>Tourtime:</b> 3h	<b>Returntime:</b> 5min
<b>Altitude entry:</b> 585m	<b>Altitude exit:</b> 420m	<b>Delta Altitude:</b> 165m
<b>Canyon length:</b> 900m	<b>Highest rapell:</b> 16m	<b>Amount rapells:</b> 14
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b> November - June	<b>Orientation:</b> North	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b> Ropes: 2x30		
<b>Summary:</b> (machine translated) Raw data import from Ropewiki <a href="https://ropewiki.com/Mola_(Cenciara)">https://ropewiki.com/Mola_(Cenciara)</a>		
<b>Hydrology:</b>		
<b>Access:</b>		
<b>Approach:</b>		
<b>Tour:</b>		
<b>Return:</b>		
<b>Coordinates:</b>		
<b>Reports:</b>		
2023-03-09   System User    📖 📍    Daten importiert von <a href="https://ropewiki.com/Mola_(Cenciara)">https://ropewiki.com/Mola_(Cenciara)</a>		