

# Rio Frio (Cantabria)

Cañón de Río Frío

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> <i>+New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2024-06-05 23:14:06	<b>Update:</b> 2026-05-22 16:22:00	<b>Print:</b> 2026-06-17 12:06:54
<b>Country:</b> España / Spain <b>Region:</b> Cantabria <b>Subregion:</b> Cantabria <b>Town:</b> Vega de Liébana		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a3 III	<b>Total time:</b>
<b>Approachtime:</b>	<b>Tourtime:</b> 3h	<b>Returntime:</b> 10min
<b>Altitude entry:</b> m	<b>Altitude exit:</b> m	<b>Delta Altitude:</b>
<b>Canyon length:</b> 2000m	<b>Highest rapell:</b> 18m	<b>Amount rapells:</b> 10
<b>Transport:</b>	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b> June - August	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 0 ()	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Specialities:</b>		
<b>Gear:</b>		
<b>Summary:</b> (machine translated) A fast-flowing, sporty and very fun canyon. Be careful if the power plant does not work because the flow can be high or rise quickly and cause problems.		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) On the N621 towards Potes continue towards the port of San Glorio and in La Vega turn left onto the CA894 towards Bárago. We pass Bárago and at the height of the bridge we can park the car back or get into the left on the track that goes up to the plant. With the access car we continue to Cucayo, cross the village and go to the bridge over the river. We park here		
<b>Approach:</b> (machine translated) From the Cucayo Bridge		
<b>Tour:</b> (machine translated) Descent with up to 13 rappels, many of which can be climbed. The enviable environment makes the horizontal sections a very pleasant walk and the rappel areas are spectacular. Provide material for natural and reinstatement. Be very careful with the water level and possible stops of operation of the plant that would increase the flow.		
<b>Return:</b> (machine translated) Before the power plant there is a jump. From this jump you can exit to the right towards the power plant. If you leave the car on the bridge you have to continue along the river or leave by the power station and walk along the track.		
<b>Coordinates:</b> Canyon Start <a href="#">43.0714 -4.6231</a>		

## Reports:

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2024-06-16 | System User |   | |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de [https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:cantabria:rio\\_frio](https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:cantabria:rio_frio)

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2023-03-09 | System User |   | |

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